



CHARTING the life course



Uncharted Possibilities

Services and supports have been around for a long time. What might have been great 30 years ago, may not work for today's vision of a quality life in the community. This tool is to help individuals and families look at a variety of kinds of supports, some of which are traditional or historic and no longer preferred by many (*charted*), some that are known and tried, but not necessarily the norm (*slightly charted*), and others that are new or unfamiliar to individuals, families and professionals, but that are more likely to lead to inclusive lives (*uncharted*).

	 Daily Life & Employment	 Community Living	 Social & Spirituality	 Healthy Living	 Safety & Security	 Citizenship & Advocacy	 Services & Supports
CHARTED SERVICES AND SUPPORT	<ul style="list-style-type: none"> Sheltered workshops Day habilitation 	<ul style="list-style-type: none"> Institutions Intermediate Care Facility (ICF) Group Homes 	<ul style="list-style-type: none"> Separate or special church service Special group outings & activities 	<ul style="list-style-type: none"> Center-based therapies (PT, OT, Speech, etc) Special or institutional medical care 	<ul style="list-style-type: none"> Full guardianship 24 hour supervision 	<ul style="list-style-type: none"> Paid advocate or having someone else advocate on your behalf 	<ul style="list-style-type: none"> Systems supports Provider and agency staff
SLIGHTLY CHARTED SERVICES AND SUPPORT	<ul style="list-style-type: none"> Supported employment Work crews or enclaves Job coaches Volunteering Special college programs 	<ul style="list-style-type: none"> Independent Supported Living (ISL) Home of Your Own (program) Independent Living Center 	<ul style="list-style-type: none"> Special Olympics Special passes Social skills classes 	<ul style="list-style-type: none"> In-home or community based therapies Family member or school staff implement therapy Special Olympics Healthy Communities 	<ul style="list-style-type: none"> Limited guardianship Remote monitoring Special Needs Trust Power of Attorney 	<ul style="list-style-type: none"> People First/SABE Disability Rights Day at the Capitol Project STIR 	<ul style="list-style-type: none"> Self-Directed Supports \$\$ follows the person Technology/ remote monitoring
UN-CHARTED SERVICES AND SUPPORT	<ul style="list-style-type: none"> Micro-enterprises Careers Competitive employment Inclusive college experience 	<ul style="list-style-type: none"> Co-op Adapted living space Environmental technology Shared living Public transportation 	<ul style="list-style-type: none"> Friendships Dating/relationships Parks and Recreation Inclusive faith community Service/social club/groups 	<ul style="list-style-type: none"> Individual gym membership Community Health Centers Health fairs Family practice providers 	<ul style="list-style-type: none"> Limited/ joint bank account, automatic bill pay, personal contract or agency agreement, Personal safety devices 	<ul style="list-style-type: none"> Voting Neighborhood group or organization Self-Advocacy Visiting your legislator 	<ul style="list-style-type: none"> Exchange networks Time banks Human service co-ops General education
INNOVATIVE SUPPORT	<ul style="list-style-type: none"> New ideas; things that someone has tried, and you replicate or adapt for your own needs; things that haven't been thought of yet or tried. 						