

## Meals

These meals are offered in a social atmosphere within a congregate dining setting, or can be delivered to individuals who are homebound. Local sites thrive with active participation and donations. Invite your friends to join you.

## Where to Go

To make a reservation for Senior Meals in your community or to purchase meal tickets, contact a Senior Meal site. In order to facilitate planning, please make reservations one day in advance. For more information about Senior Meal Sites in your area of the state, please refer to the Senior Meals Area Offices information within this brochure.

**Phone**—605-773-3656

**Website**—<http://dhs.sd.gov/ltss/seniormeals.aspx>

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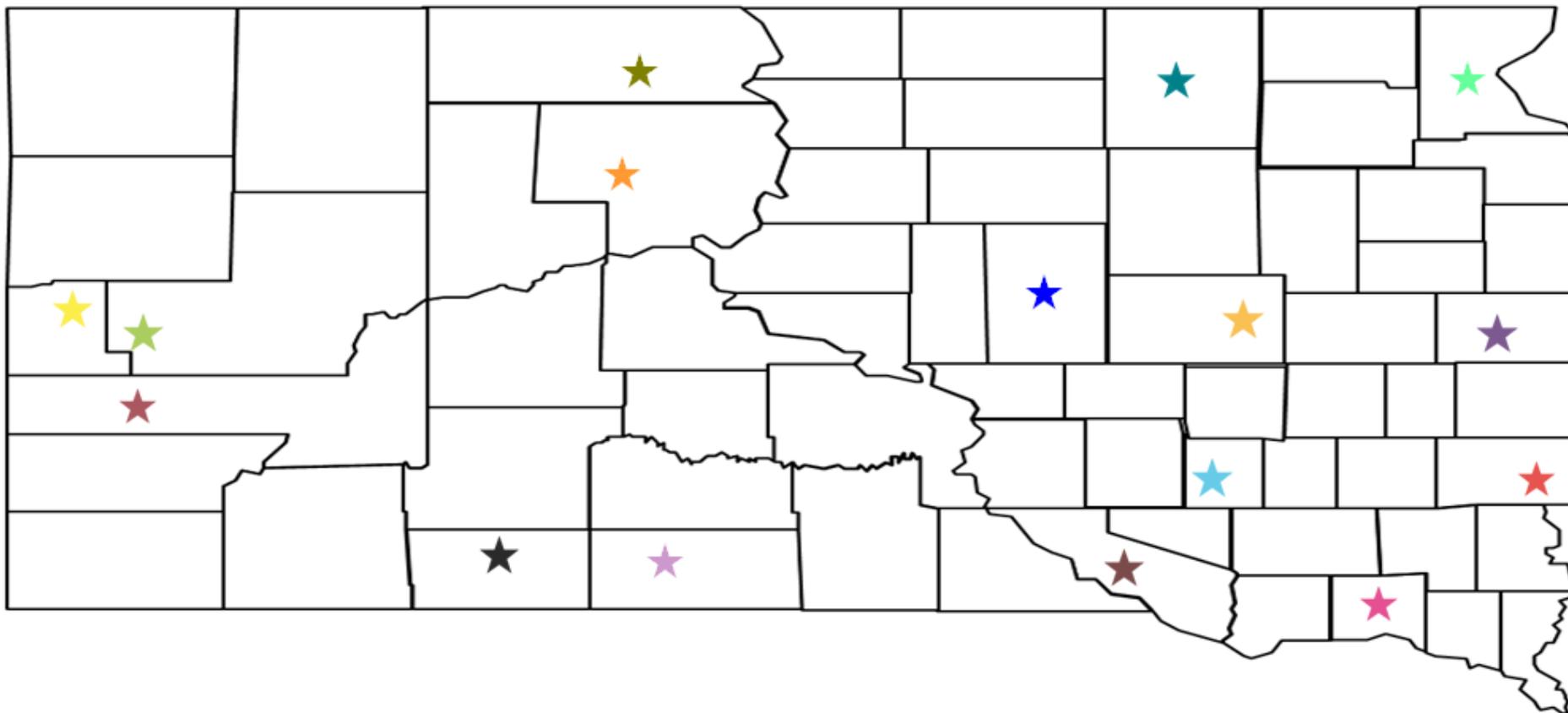
**Español (Spanish)** - ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1.800.305.9673 (TTY: 711).

**Deutsch (German)** - ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1.800.305.9673 (TTY: 711).

# Nutritious Senior Meals



# Senior Meals Area Offices



★Aberdeen IV Senior Citizens Planning Council: 605-229-4741

★Bennett Co. Senior Center: 605-685-6642

★Senior Citizens Services (Sioux Falls): 605-336-6722

★Huron Area Senior Center: 605-352-6091

★Inter-Lakes Community Action Partnership: 605-692-6391

★Cheyenne River Elderly Nutrition Services: 605-964-8056

★Sisseton Waphton Dakota Nation: 605-698-3911

★City of Mitchell: 605-995-8439

★Rural Office of Community Services (ROCS): 605-487-7634

★Spearfish Nutrition Site/Hickory House: 605-642-1277

★Sturgis Nutrition Program: 605-642-6613

★Western South Dakota Senior Services: 605-394-6002

★Yankton Area Senior Citizens: 605-665-1055

★Rosebud Sioux Tribe: 605-747-2960

★Fort Yates Standing Rock: 701-854-3846 or 701-854-7206

★Miller Nutrition Program: 605-853-2869