

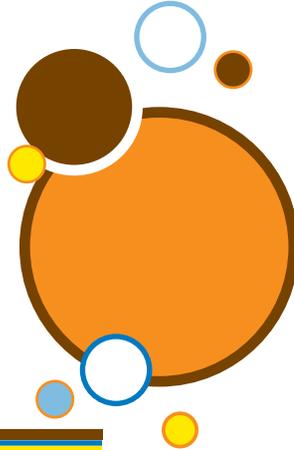
**Package A: 1 student to 1 teacher ratio**  
20 – 30 minute sessions = \$400 per person  
(\$20 per session)

**Package B: 2 students to 1 teacher ratio**  
24 – 30 minute sessions = \$332 per person  
(\$13.83 per session)

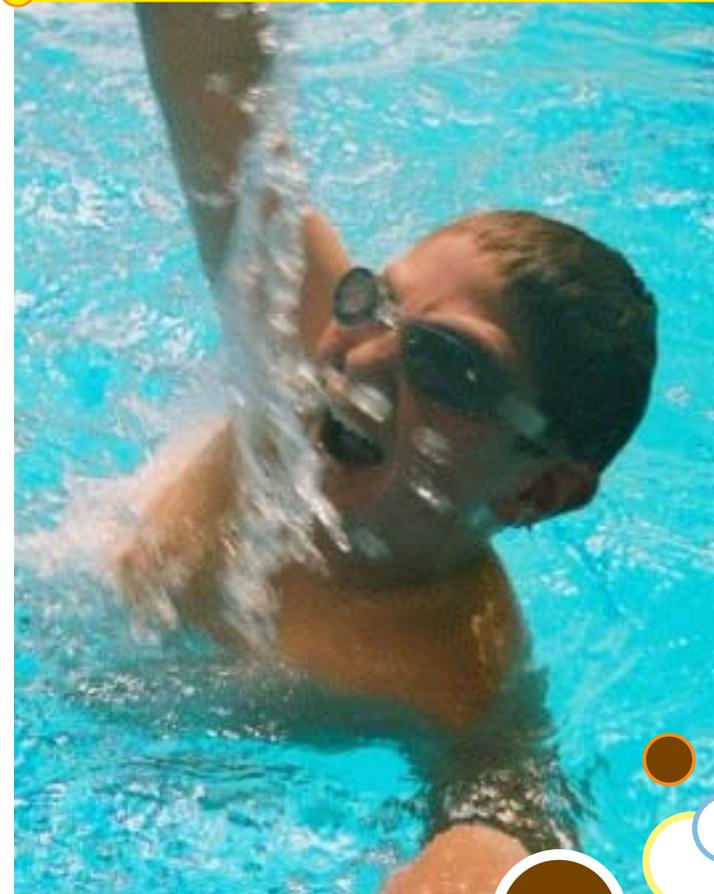
**Package C: 3 students to 1 teacher ratio**  
24 – 30 minute sessions = \$222 per person  
(\$9.25 per session)

**Package D: 1 time trial session**  
1 – 30 minute session = \$25 per session

Package D may be helpful to determine if the facility and programming fits the needs of the student.



# Adaptive Aquatics



# Sign Up Today!

328-1633



The program is directed and taught by the pioneer of Adaptive Aquatics in Sioux Falls, SD, Carole Wolf. Carole has been working with special needs students for over 25 years. She is currently coaching the United Special Olympics Team. She is also a member of the American Alliance for Health Physical Education and AAHPERED.

### Certifications:

National level from AAPAR and AAHPERED:

- Certified as a Adapted Aquatics Instructor
- Master Teacher in Adapted Aquatics

### South Dakota Teaching License, State Level:

- K-12 in Health Physical Education and Recreation
- 7-12 Secondary Education
- Adapted Physical Education
- Swimming

### American Red Cross:

- Fundamentals of Instructional Training
- WSI
- BLS
- AED
- First Aid

In each student's program, the parent will be consulted during each lesson.

We believe the parent is a very important source of information regarding their child's potential and preferences for learning styles.

Students will have an individual program that meets their needs. A performance evaluation is conducted during the student's first three lessons.

The certified teacher writes the goals and objectives for each student with information from parents, therapists, doctors, school teachers and the performance evaluation of the water.

Goals can range from overcoming the fear of the water to increasing and maintaining strength and balance to improving dexterity and fine motor skills. Social and educational goals are also included in the students program. An individual program is then approved by the parents and lessons can begin.

A parent is along the poolside during each lesson. The student has a chance to

complete requirements for Levels 1-6 in the American Red Cross Learn to Swim Program. An added plus to the program is also becoming an athlete on the United Special Olympics Team, but it is not a requirement.

There are two sessions a year, the school session runs from September thru May and the summer session runs from May thru August.

The program is supported by two pools, a 25 yard pool (84 degrees) and a warm water pool (93 degrees).

Lessons can be 30-60 minutes either once or twice per week. The parents and teacher decide the length, time and number of sessions per week.

The parents coordinate payment whether it is private pay, Family Support or a School District (IEP).

