

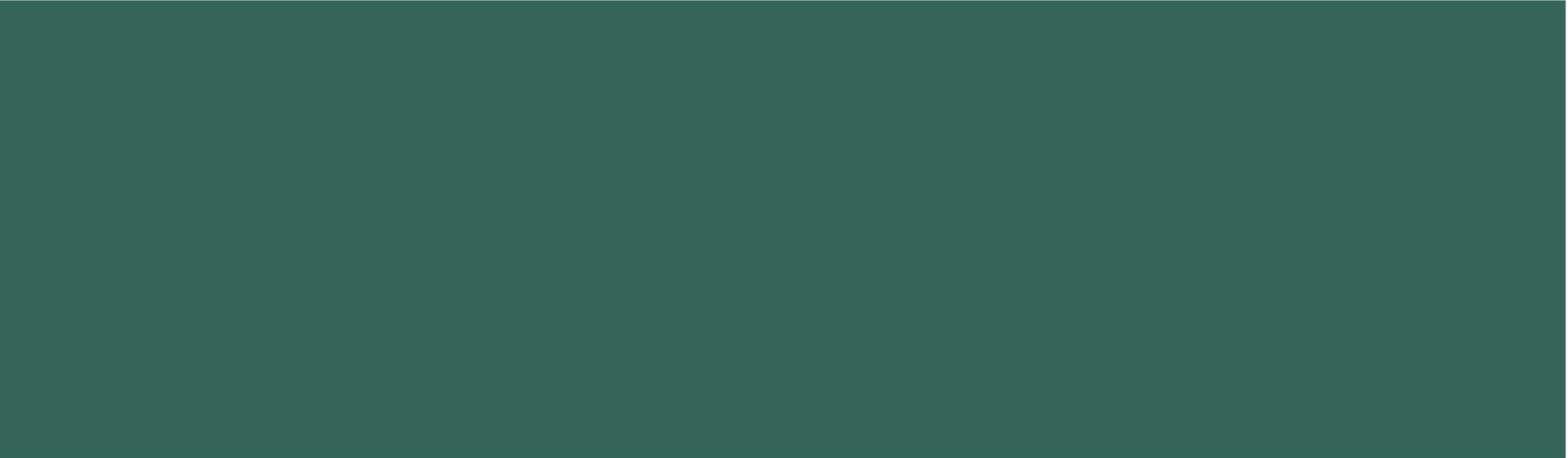


# SOUTH DAKOTA PROVIDER TRAINING

## DUE PROCESS AND DOCUMENTATION TRAINING SURROUNDING ACCESS TO FOOD AND COMMUNITY

OCTOBER 4<sup>TH</sup>, 2016 2-4 PM CST

LUCY LUND



# REQUIREMENTS

- Training today will cover:
  - Education on CMS Requirements
  - Application
  - Documentation
- CMS Federal Home and Community Based Setting Plans and Requirements demonstrate the expectation for access, integration, and choice.
  - People supported will have access to food at any time
  - The setting is integrated in and supports full access to the greater community

# PROMOTING INDIVIDUAL CHOICE

- 1) Knowing ALL Options
- 2) Educating on ALL Options
- 3) Facilitating Choice and Decision-Making by Building on Capabilities of the Person
- 4) Then....Think Bigger



# DUE PROCESS, CHOICE BUILDING, PROMOTING DECISION-MAKING

- BEGIN WITH FULL PROMOTION OF RIGHTS
- Clear evidence that all least restrictive options have been tried
- Adding restrictive components ONLY when deemed necessary
- Reviewed over a scheduled time frame (component of documentation)
- CONSTANT REVIEW

*No person shall be deprived  
of life, liberty, or property,  
without due process of law;*

# RETURNS TO RIGHTS-KNOWING PERSONAL PREFERENCE AND CHOICE BUILDING



# ACCESS TO FOOD AT ANY TIME

- EDUCATION: Individuals have the freedom and support to control their own schedules and activities, and have access to food at ANYTIME
- APPLICATION:
  - KNOWING ALL OPTIONS (Time, Space, Access)
  - EDUCATING ON ALL OPTIONS (Do People Supported Know the Options Available?)
  - FACILITATING CHOICES and ACTION
- Things to consider:
  - Are there house rules?
  - Are meals set for only specific times and according to specific menus?
  - What do meals and routines look like in your home?



- 30 year old female with diagnosis of Prader Willi and lives with two housemates
- Constantly craving food
- Medical Risks of overeating, choking, consuming unhealthy food choices (uncooked meat, raw eggs, etc.)
- EDUCATION: Knowing Diagnosis, Participation in Medical Appointments, Sharing Risks
- APPLICATION & DOCUMENTATION:
  - Explore all least restrictive options (Keeping all housemates in mind)
  - Begin with all housemates having keys to pantry and refrigerator-Access
  - Evaluate Need (Time and Space-time nothing is locked in the kitchen)
  - Facilitating a schedule, Participating in Meal Planning, Grocery Shopping, Budgeting-Person Centered Planning
    - Knowing and Educating on Diet, Recognizing Preferences
  - Create the full experience of food access
  - Person Supported Participates in Review

# ACCESS TO COMMUNITY

- **EDUCATION:**The setting is integrated in and supports full access of individuals receiving Medicaid HCBS to the Greater Community, including opportunities to seek employment and work in competitive integrative settings, engage in community life, control personal resources, and receive services in the community with the same degree of access as individuals not receiving Medicaid HCBS.
- Olmstead v. L.C. Supreme Court Decision
- **APPLICATION:**
  - **KNOWING ALL OPTIONS-SELECTED BY THE PERSON**
    - Promoting Integration
    - Promoting Interaction
    - Transportation and Community Resources
      - Social Roles and Unpaid Supports
  - **EDUCATING ON ALL OPTIONS**
  - **FACILITATING CHOICES and ACTION**
    - Social Roles
    - Knowing Personal Preferences



By Frits Ahlefeldt

# SOCIAL ROLES

- Knowing what people like?
- Knowing where people like to go?
- Where are people happiest?
- What clubs, groups, and community resources are available?
- PERSONAL OUTCOME MEASURES from Council on Quality and Leadership build within MyWorld
  - What is the scope of the world for people supported?-THINK BIGGER!
  - Technology
  - Right to Risk, Fading Supports



# TD

- 41 year old male with a mild intellectual disability
- Did not have friends, was very lonely
- EDUCATION:
  - Loved firefighters, studied firefighting, DREAMED of being a firefighter
- APPLICATION & DOCUMENTATION:
- Did not want to work on goals of maintaining home, cooking, hygiene, and budgeting
- Connection with local fire station.....Bridge and Expansion of his world
- Confidence
- Wedding had over 300 people! I key connection changed his life!
- Recognize and Document Emerging Natural Support Networks



# PERSONAL OUTCOME MEASURES COUNCIL ON QUALITY AND LEADERSHIP

## Personal Preference

- People are Connected to Natural Support Networks
- People Use Their Environments
- People Live in Integrated Environments
- People Interact with Other Members of the Community
- People Perform Different Social Roles

# HOW WE KNOW THE SUPPORTS TO BUILD

- Rights Assessment
- Personal Outcome Measures Interview
- Clear demonstration of record of need, examples JW...health
- Initial collection of data and measure of effectiveness...JW (time using the key, dates and time restrictions have been applied)
- Time limits for review are in place
- Informed Consent

# RECORD AND DOCUMENTATION

- Person-Centered Planning & Person-Centered Documentation
  - EDUCATION: Person Supported KNOWs the plan
  - Plans generated are specific to the person and applied to training in a person-specific capacity
  - APPLICATION AND DOCUMENTATION: Person Supported KNOWs how it is implemented
    - Data tracking must apply to the person's learning style
      - Numbers (counting)
      - Visuals
      - Technology
- Celebrate Success
- PROVIDERS STAY ACCOUNTABLE AS WELL
- Ongoing conversation that is forward-thinking



**GOAL SETTING**  
THE 3AM TEACHER DESIGNS

# SOUTH DAKOTA POLICIES & STATEWIDE TRANSITION PLAN NEXT STEPS-ACCESS TO FOOD

- Expectation: Individuals are available to choose what time and where to eat. Individuals are able to make or request an alternative to any planned meals within their resources.
  - Educate providers about state and federal expectations
  - The setting offers reasonable alternative to planned meals-100% compliance in annual site reviews
  - Individuals are able to make an alternative meal within their resources-100% compliance in annual site reviews
  - All individuals can elect to eat at an alternative time-100% compliance in annual site reviews
  - All individuals can elect to eat in their own room-100% compliance in annual site reviews



# SOUTH DAKOTA POLICIES & STATEWIDE TRANSITION PLAN NEXT STEPS-ACCESS TO COMMUNITY

- Expectation: Providers facilitate access to community activities and events.
  - Educate providers of state and federal expectations
  - Collaborate with stakeholders and providers to perform further analysis
  - Increase provide knowledge of the use of natural supports
- Expectation: Providers arrange supports for an individual to work or volunteer in an integrated setting when an individual is interested in working or volunteering.
  - Educate providers of state and federal expectations
  - Change HCBS (ASA) waiver eligibility for earned income



QUESTIONS OR SCENARIOS?

## CLOSING THOUGHTS



- EXPAND ACCESS, EDUCATION, OPPORTUNITY, then GO FURTHER
- SHARE INNOVATIVE IDEAS ACROSS THE STATE