








CHARTING the life course



Tool for Developing a Vision - Family

Forming a vision and beginning to plan for the future in each of the life domains helps plot a trajectory for a full, inclusive, quality life in the community. This tool is to help families of all ages – those with a very young child, an adult or somewhere in between, start to think about a vision for how their family member will live their life as an adult.

LIFE DOMAIN	My Vision for My Family Member's Future	rank	Current Situation/Things to Work On	rank
 <p>Daily Life & Employment</p>	What do I think my child will do during the day in his/her adult life?			
 <p>Community Living</p>	Where and with whom do I think my child will live in his/her adult life?			
 <p>Social & Spirituality</p>	How will my child connect with spiritual and leisure activities; have friendships and relationships in his/her adult life?			
 <p>Healthy Living</p>	How will my child live a healthy lifestyle and manage health care supports in his/her adult life?			
 <p>Safety & Security</p>	How will I ensure the safety of my child from financial, emotional, physical or sexual harm in his/her adult life?			
 <p>Citizenship & Advocacy</p>	How can I make sure my child has valued roles and responsibilities, and has control of how his/her own life is lived as an adult?			
 <p>Services & Supports</p>	How will my child be supported in his/her adult life to lead the kind of life he/she wants as independently as possible?			