Today’s Agenda

- Welcome and Introductions
- Vision for Leveraging Grassroots Momentum for System Change
  - Shared Priorities of DDC and DDD
  - Identified Strategies from Ambassadors
- Sharing and Learning with One Another
  - Using CtLC to Address Specific, Current Realities
- Next Steps with the CoP
- Reflections and Wrap Up
Welcome and Introductions

Please take the poll and type in the chat to introduce yourself!

South Dakota CoP Leadership Team
- Julie Hand
- Kim Percival
- Brooke Nelson
- Arlene Poncelent
- Brenda Smith
- Elaine Roberts
- Jenna Heib
- Kayla Blomme

National CoP Team Support
- Barb Brent
- Jenny Turner
Setting the Stage: the CoP and CtLC
Communities of practice are groups of people who share a passion for something that they know how to do and who interact regularly to learn how to do it better.

Blue Space———intentional space to create innovation that is safe amongst chaos and destruction
(adapted from Creating Blue Space, Hanns Meissner)
Goal of National CoP
To build capacity, through a community of practice, across and within States to create policies, practices and systems to better assist and support families that include a member with an intellectual and developmental disability across the lifespan.
National CoP State Members

**Development**
- Maine
- Massachusetts
- Michigan
- Minnesota
- New Hampshire
- New Jersey
- Virginia

**Sustainability**
- Connecticut
- DC
- Delaware
- Hawaii
- Indiana
- Kansas
- Maryland
- Missouri
- Ohio
- Oklahoma
- Oregon
- Pennsylvania

**Integration**
- Alabama
- South Dakota
The CoP is about systems changes and infusing the principles into practical, “can do” actions to further state change priorities rather than a new initiative. The added benefit of the skills and values base of the CtLC Framework lends a solid foundation to the systems change work.
Our Vision for Supporting Families

Everyone exists within the context of family and community

Traditional Disability Services

Integrated Services and Supports within context of person, family and community

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Golden Circles
National CoP on Supporting Families
Supporting Families

**GOAL**

**Individual**
Will achieve self-determination, interdependence, productivity, integration, and inclusion in all facets of community life

**Families**
Will be supported in ways that maximize their capacity, strengths, and unique abilities to best nurture, love, and support the individual to achieve their goal

Recognizing that individuals exist within a family system

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**DISCOVERY AND NAVIGATION**
Knowledge & Skills

**CONNECTING AND NETWORKING**
Mental Health & Self-Efficacy

**GOODS AND SERVICES**
Day-to-Day & Caregiving/Supports

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National Agenda on Family Support at Wingspread Conference Center (2011)
All people have the right to live, love, work, play and pursue their life aspirations in their community.
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The “What” in South Dakota

**Vision/Goals for the DDC**
- Community supports and services: people with IDD and their families have improved access to services and awareness of resources (sharing resources and information in “new” places; develop and update resources; professional development opportunities; website (content and visibility))
- Mental health: people with IDD have improved access to individually designed mental health services in their communities (assess capacity of system; education and awareness activities to reduce stigma; education for family caregivers and ISPs)
- Advocacy and leadership: people with IDD and their families have capacity and resources to effectively advocate for system change (capacity building opportunities/training; support statewide SA organization)

**Vision/Goals for the DDD**
- Increasing stakeholder engagement: active involvement and intentional actions for steering partnership
- Expanding the continuum of care in DD systems: includes crisis intervention, but also beyond “bricks and mortar”
  - Focus on the Front Door
- Increasing the utilization of CLIC framework across the department
- Outside of just DD: using the same terminology to streamline and be efficient and coordinated
- Education and training to increase opportunities to learn together across the system

**Shared Priorities and Goals**
- Access to Mental Health Supports: bridging gaps in mental health supports and services (specifically between higher intensity of community-based services and IDDD building capacity of professionals; qualified providers)
- Communication/Education: being aware of (and/or developing) resources for all stakeholders; consistent training across all stakeholders; understanding the system and the needs
- Navigating System: common language that supports efficiency and coordination across departments
- Increasing Opportunities Across the System: expanding outreach to “new places”, focusing on the Front Door
- Active Stakeholder Engagement: Partnership for System Change: family members and self-advocates providing feedback and input

**WHAT WE DON’T WANT**
- Resources being “out of date” as soon as they are published – not a living, breathing resource
- Confusion due to “too many ways to enter” services and supports

**Key System Priorities/Initiatives**
- Opportunities for Stakeholder Input (Listening Sessions)
  - Annual ARID review
  - Family Support Waiver Revision and Renewal
  - CSP rate methodology re: S8147
- Collaboration across Systems
  - CLIC division committed to learning more about CLIC
- Additional Resources to Support Goals
  - Training Manager: helping to design and facilitate opportunities for ALL stakeholders to learn together
  - Intake Position: becoming a CLIC Ambassador
  - Contract for training SCA/CCMS and providing consistent messaging to all stakeholders

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Key Priorities to Support Ongoing Efforts

- **Access to Mental Health Supports** – bridging gaps in mental health supports and services (providing a continuum of care, especially for people with significant support need), building capacity of professionals/qualified providers

- **Communication/Education** - being aware of (and/or developing) resources for all stakeholders, consistent training across all stakeholders; understanding the DD system and understanding the family system and their needs

- **Increasing Cross-System Coordination**- common language that supports efficiency and coordination across divisions and departments

- **Increasing Opportunities Across the System** - expanding outreach to “new places “and easing access; focusing on the Front Door

- **Active Stakeholder Engagement/Partnership for System Change** – family members and self-advocates providing feedback and input both early and on going
The Role of the CoP

Direct dialogue between families and the state systems

- Families receive information and provide input directly
- Support development of communication/education resources (videos) for all stakeholders about the SD DD System
- Early review of documents to ensure family friendliness

Ensuring meaningful individual and family leadership and advocacy

- Expanding the understanding of and possibility for advocacy and leadership through connecting self-advocates and family leaders to opportunities to advocate (especially following training)
- Ensuring community education related to the importance of/strategies for ensuring engagement of individuals and families
- Establishing guidelines/best practices around partnering with individuals and families
National CoP for Supporting Families
- CtLC Framework Practices: Univ. of Missouri Kansas City (LifeCourse Nexus)
- Systems Change: Nat’l Association of Directors of Developmental Disability Services (NASDDDS)

South Dakota CoP for Supporting Families
- Families, Self-Advocates, Other partners & stakeholders
- DDD & DD Council

SD Ambassadors
- Families, DDD, SDDC, LTSS, DOE, CSP’s, CM, DRS, & FS360
- Champions of CtLC-share learning & application & carry the torch

SD Facilitation Team
- DDD, DD Council, Families
- Lead SD CoP State Team efforts to drive systems change using CtLC Framework
CoP Stakeholder Brainstorming
Identifying Strategies for Shared Topics
Breakout Room Discussions:
Topics Identified from Our First 2 Sessions

Choose Your Topic/Room:
- Improving navigation and understanding of the system
- Understanding the role of all team members and navigating team dynamics
- Family Engagement strategies

Discuss and Share Ideas:
- How can CtlC be used to address this circumstance or specific project?
- What are ideas/strategies for “solving” this specific need?
Next Steps for the CoP in South Dakota
A Good Life For All!

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- Participate in our bi-monthly CoP meetings
- Use CtLC in your work & personal life
- Ask for information & training
- Be a Champion for the CtLC Framework
- Participate in SD CtLC monthly events
- Follow SD Charting the LifeCourse Facebook page
- Go to the LifeCourse Nexus website
- Learn about the Innovations areas of the National CoP & learning opportunities
- What are you working on to support individuals and families? Bring it to the CoP! You will find support and brainstorm with others.
What topics/circumstances/situations would you want to bring to this group to brainstorm/help inform?

What is a situation or circumstance you are working on/trying to plan around/problem-solve, etc.?

We will share the identified topics prior to the meeting and ask you to begin brainstorming solutions and come prepared to share.
What’s one thing that inspired you today?

What are you excited to do?

What do you want to know more about?
Thank you!