



Division of Developmental Disabilities

Family & Self-Advocate Conversations

November 10, 2022



Division of Developmental Disabilities' Mission:

To ensure that people with intellectual and developmental disabilities have equal opportunities and receive the services and supports they need to live and work in South Dakota communities.



Why, Who and When

Why:

- You have a right to provide feedback regarding services and supports
- DDD prioritizes and values open & clear communication

Who:

- Those receiving CHOICES or Family Support 360 services
- Parents, guardians & other family members

When:

- Quarterly

What is the benefit for self-advocates and family members?

- Strengthen the voices of South Dakotans with disabilities and their families
 - Share your perspective and experience with DDD
 - Share feedback regarding current services
 - Identify needed services & supports
 - Get to know DDD staff and their roles

What is the benefit for DDD?

- Direct communication to self-advocates and family members
 - Share information with our customers
 - Get feedback from people about what we should keep the same or change
 - Comments and questions help guide our decisions

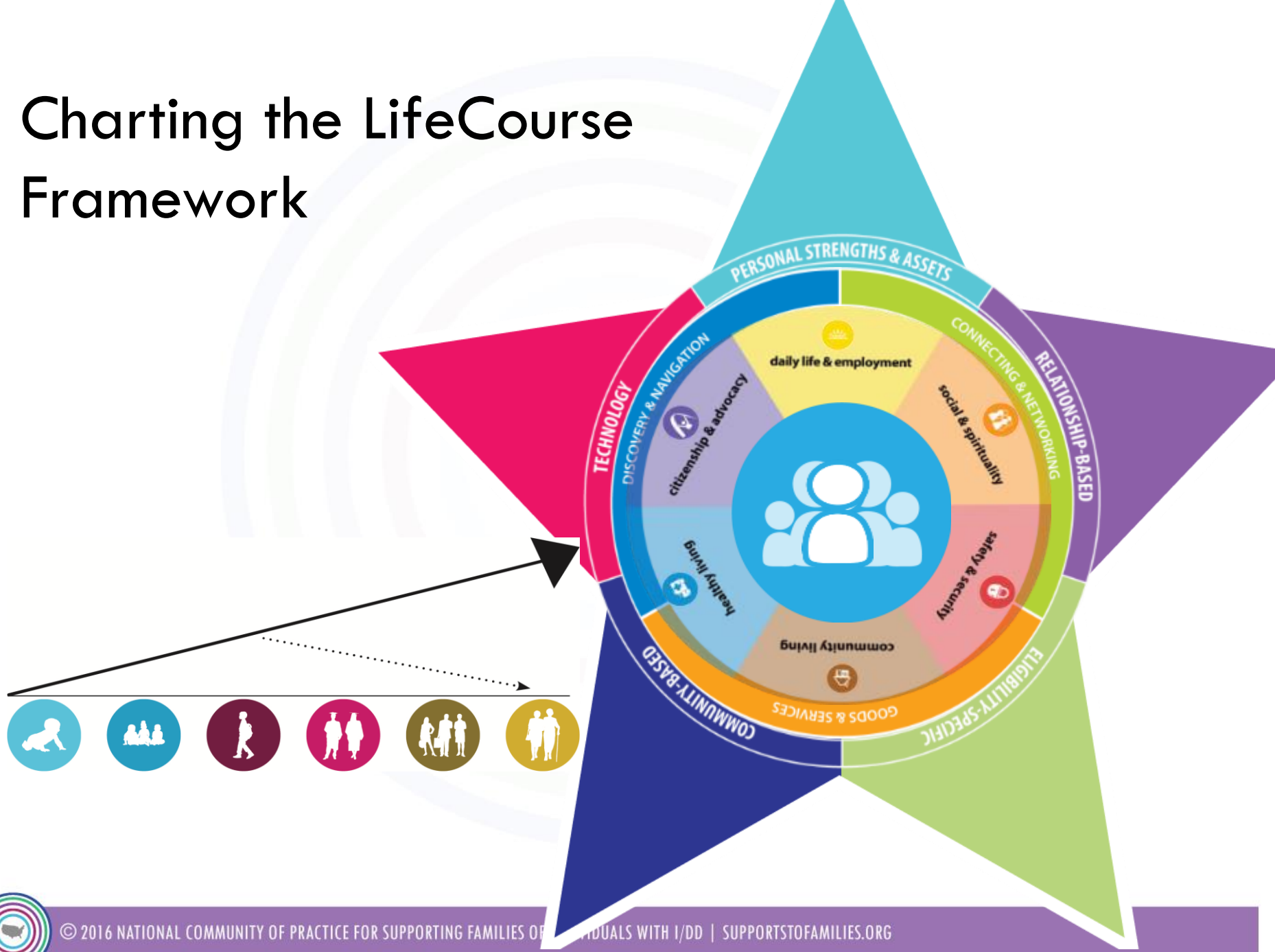
Meeting Agreements

- Be considerate of other attendees - keep comments brief to give others an opportunity to share
 - Individual-specific situations & questions are best addressed privately - please contact DDD directly after this session
- Mute microphone when not speaking
- One person talks at a time
 - Use the Chat to share questions or thoughts when others are speaking
- Be respectful of others' perspectives
- Listen to understand before providing solutions
- Change to Gallery view to see other attendees

November 2022- Year End Recap

- Educational Video Series
 - Videos 1-4 available on DDD website!
- Family Support 360 waiver renewal
 - Approval received October 2022
- Update on Front Door to Supports
 - Single point of application & development of application guide
- SD Supporting Families Community of Practice
 - Increasing Family Involvement & Mapping Resources

Charting the LifeCourse Framework



“Good Life for All”



The Individual will achieve self-determination, interdependence, productivity, integration, and inclusion in all facets of community life



Families will be supported in ways that maximize their capacity, strengths, and unique abilities to best nurture, love, and support all individual members to achieve their goals





Reciprocal Roles of ALL Family Members



Caring About

Affection & Self-Esteem

Repository of knowledge

Lifetime commitment



Caring For

Provider of day-to-day care

Material/Financial

Facilitator of inclusion and membership

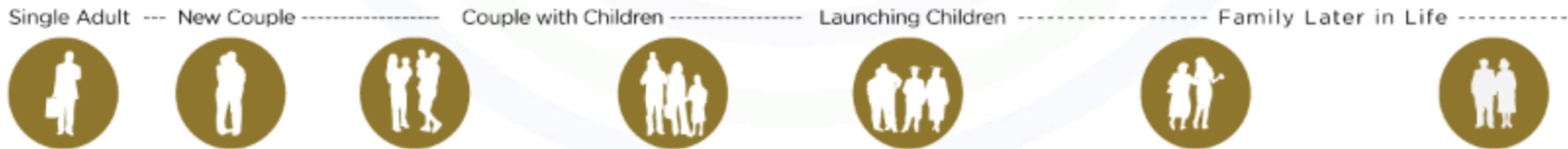
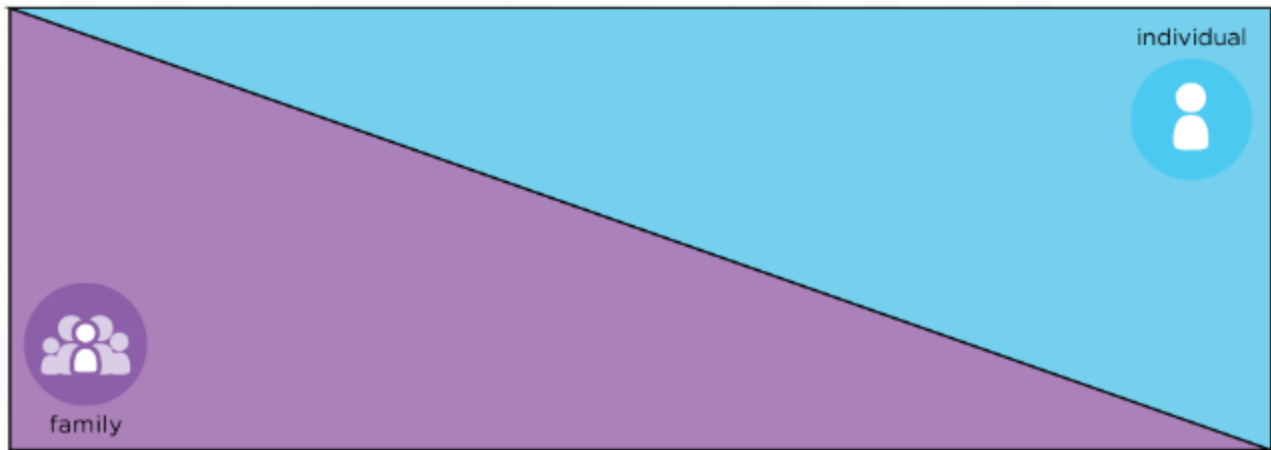
Advocate for support

**Adapted from Bigby & Fyffe (2012), Dally (1988), Turnbull et al (2011)*



Life Stages and Individual and Family Cycles

Individual Life Stages



Family Life Cycle





Aging Parents

Siblings with
Disabilities

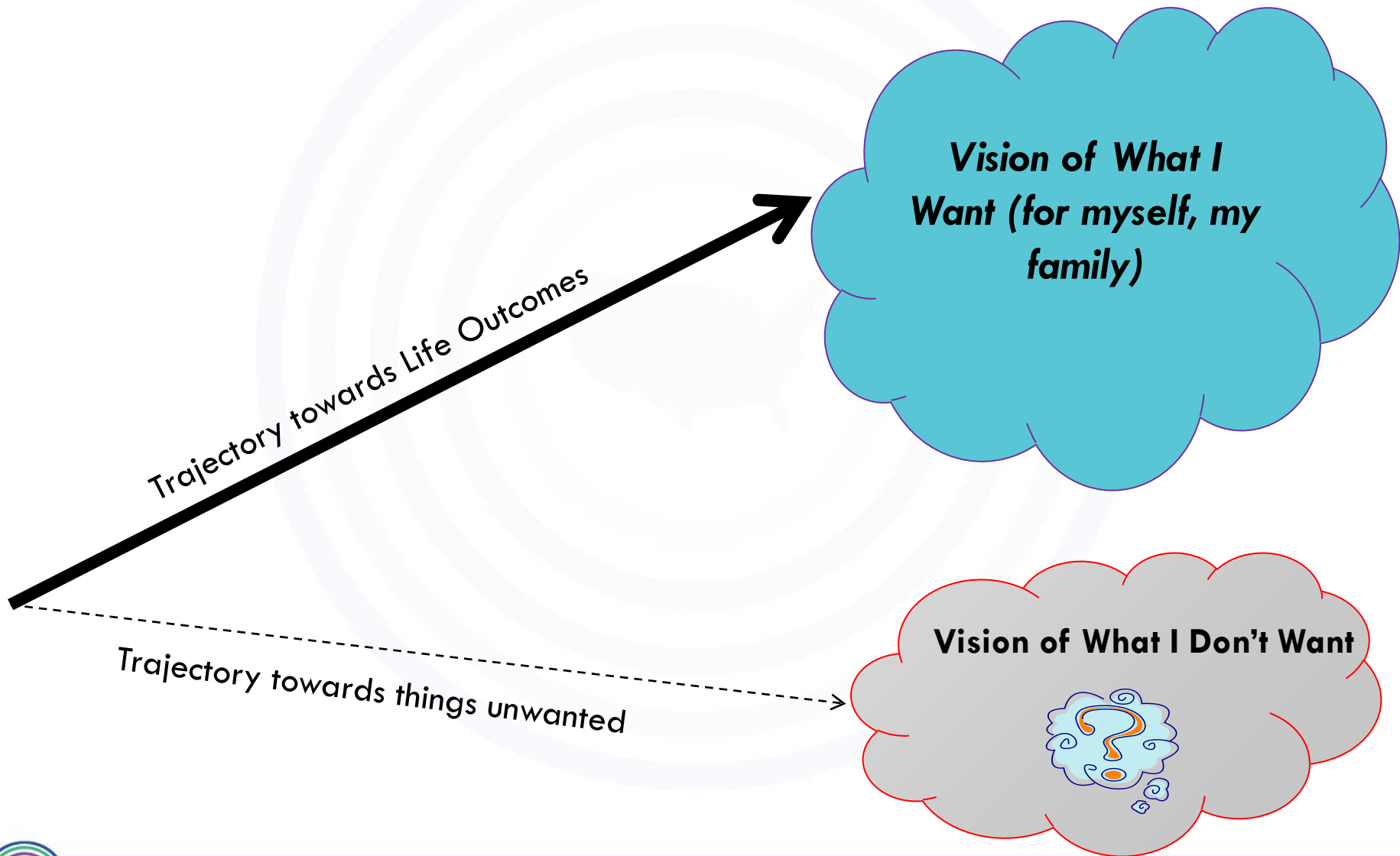
Children

Siblings: The 'Club Sandwich' Generation

Siblings often juggle multiple roles for support and caregiving, which can seem overwhelming





Trajectory towards Good Life





Mapping Family Roles

This tool is to help families think through the roles they play in their loved one's life, and to help them plan for who else could help fulfill those roles now and in the future.

Reciprocal Roles	People's Roles in <u>Cajmonai's</u> life	Looking Ahead	What's important to know, make sure continues, or make happen?
 Caring ABOUT	Affection and Self-Esteem Who loves and cares about him/her? Parents Siblings- Cas, Ben, Brady, Sami Aunts- Kim, Kathy, Jacque Cousins- Stella, TJ, Olivia, Grace, Emma	Who else makes him/her feel loved? Friend- Cody Former Teachers Nephews- Knox, Jamison, Beckham	Staying connected after childhood, doing activities together and creating fun memories
	Repository of Knowledge Who else knows things that others don't know well? (<u>celebrations</u> , traditions, habits, history) Parents Siblings- Cas, Ben, Brady, Sami Aunt Kathy	With whom does he/she have special memories or experiences? Siblings/Aunts/Cousins	Parents continue to involve others in current and future life experiences. Avoid isolation of knowledge to 1 or 2 people
	Lifetime Commitment Who has a lifetime bond with him/her? Siblings/Aunts/Cousins	Who else would step up when/if needed? Cas, Sami, Kathy, Jacque	Continued involvement in the day-to-day life so it is not such an abrupt transition.
 Caring FOR	Provider of day-to-day care Who makes sure activities of daily living and healthcare needs are met? Parents Companion Care/Respite Care	Who else could provide oversight for these needs? Siblings/Aunts/Cousins	Opportunities for others to experience this role and clear understanding of support needs
	Material and Financial Needs Who makes sure his/her day-to-day basic and quality of life needs are met? Parents	Who else could help make sure this happens? Siblings	Set up long term financial supports and make sure those responsible in the future know and implement the plan
	Facilitator of Inclusion and Membership Who helps connect him/her to inclusive opportunities and maintain relationships? Parents/Sami	Who would be good at helping him/her connect with and maintain inclusive activities? Sami/Aunt Kathy/Olivia	Including others in the community activities that <u>Nai</u> enjoys, so that involvement continues well into the future



Open Discussion

- We want to hear from you!
 - What's happening in your life
 - We are here and we hear you!

- Comments and questions should be brief to give others an opportunity
 - Individual-specific situations & questions are best addressed privately - please contact DDD directly after this session

Upcoming Events:

◎ **Introduction to Charting the LifeCourse – virtual**

★ November 15th – 12 p.m. – 1:30 p.m. CT

★ December 20th – 12 p.m. – 1:30 pm. CT

★ January 17th – 12 p.m. – 1:30 p.m. CT

◎ **Using Charting the LifeCourse – Coaching Series**

★ November 30th, 12-1 p.m. CST – Zoom

○ Topic: Advocacy & Engagement

Wrap Up

- Next Family & Self-Advocate Conversation
 - February 9, 2023
 - 12:30 p.m. CT/11:30 a.m. MT
- Slides will be shared on DDD's website under Family & Self-Advocate Resources



What's one thing you appreciated about our time today?

Add your comments in the Chat

Contact Us

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Find more information at:

Division of Developmental Disabilities website

- Resources
- Family & Self-Advocate Conversations
- <https://dhs.sd.gov/developmentaldisabilities/providerresources.aspx>