Division of Developmental Disabilities

Family & Self-Advocate Conversations

May 12, 2022
Division of Developmental Disabilities’ Mission:

To ensure that people with intellectual and developmental disabilities have equal opportunities and receive the services and supports they need to live and work in South Dakota communities.
Why, Who and When

Why:
• You have a right to provide feedback regarding services and supports
• DDD prioritizes and values open & clear communication

Who:
• Those receiving CHOICES or Family Support 360 services
• Parents, guardians & other family members

When:
• Quarterly
What is the benefit for self-advocates and family members?

- Strengthen the voices of South Dakotans with disabilities and their families
  - Share your perspective and experience with DDD
  - Share feedback regarding current services
  - Identify needed services & supports
  - Get to know DDD staff and their roles
What is the benefit for DDD?

• Direct communication to self-advocates and family members
  ▫ Share information with our customers
  ▫ Get feedback from people about what we should keep the same or change
  ▫ Comments and questions help guide our decisions
Meeting Agreements

- Be considerate of other attendees - keep comments brief to give others an opportunity to share
  - Individual-specific situations & questions are best addressed privately - please contact DDD directly after this session
- Mute microphone when not speaking
- One person talks at a time
  - Use the Chat to share questions or thoughts when others are speaking
- Be respectful of others’ perspectives
- Listen to understand before providing solutions
- Change to Gallery view to see other attendees
Charting the LifeCourse Framework
"Good Life for All"

**The Individual** will achieve self-determination, interdependence, productivity, integration, and inclusion in all facets of community life.

**Families** will be supported in ways that maximize their capacity, strengths, and unique abilities to best nurture, love, and support all individual members to achieve their goals.
Vision for a Good Life
Impact of Life Experiences

Life Trajectory Worksheet

Past Life Experiences
LIST past life experiences and events that supported your vision for a good life.

Future Life Experiences
LIST current/future life experiences that continue supporting your good life vision.

VISION for a GOOD LIFE
LIST what you want your "good life" to look like...

What I DON'T Want
LIST the things you don't want in your life...
Life Experiences & Life Transitions

“Anticipatory Guidance for Life Experiences”

- Chores and allowance
- Learning to say “no”
- Playing sports or an instrument
- Birthday parties with friends
- Scouts, 4H, faith groups

- Getting New Diagnosis
- Transition planning
- Leaving Early Childhood/enter school
- Turning 18. Leaving school at 18 or 21
- Living Adult Life

- Summer jobs, babysitting
- Making Mistakes

- My parents have passed away, what do I do?
- Parents Turn 65 Medicare & SSDI
Life Experiences = Life Outcomes = Good Life

More Possibilities

Vision

Expectations

Opportunities

Experiences
Achieving Outcomes for Connected Life Domains

- **Daily Life and Employment** (school/education, employment, volunteering, routines, life skills)
- **Community Living** (housing, living options, home adaptations and modifications, community access, transportation)
- **Social and Spirituality** (friends, relationships, leisure activities, personal networks, faith community)
- **Healthy Living** (medical, behavioral, nutrition, wellness, affordable care)
- **Safety and Security** (emergencies, well-being, legal rights and issues, guardianship options and alternatives)
- **Citizenship and Advocacy** (valued roles, making choices, setting goals, responsibility, leadership, peer support)
## Life Domain Vision Tool | Family Perspective

<table>
<thead>
<tr>
<th>LIFE DOMAIN</th>
<th>DESCRIPTION</th>
<th>MY VISION FOR MY FAMILY MEMBER'S FUTURE</th>
<th>PRIORITY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Daily Life &amp; Employment</td>
<td>What do I think my family member will do during the day in their adult life? What kind of job or career might they want?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Community Living</td>
<td>Where and with whom do I think my family member will live in their adult life?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Social &amp; Spirituality</td>
<td>How will they connect with spiritual and leisure activities, and friends, and relationships in their adult life?</td>
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<tr>
<td>Healthy Living</td>
<td>How will they live a healthy lifestyle and engage in health care supports in their adult life?</td>
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<td></td>
</tr>
<tr>
<td>Safety &amp; Security</td>
<td>How will my family member feel safe from financial, emotional, physical or sexual harm in their adult life?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Advocacy &amp; Engagement</td>
<td>How do I support their unique strengths, communication, and control of their own life as an adult?</td>
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</tr>
<tr>
<td>Supports for Family</td>
<td>What supports does our family unit need now or will need in the future?</td>
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<tr>
<td>Supports &amp; Services</td>
<td>What supports and services might my family member need in the future to lead the kind of life they want as independently as possible?</td>
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## Life Domain Vision Tool | Person Centered

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<th>PRIORITY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Daily Life &amp; Employment</td>
<td>What do I think I will do or want to do during the day in my adult life? What kind of job or career would I like?</td>
<td></td>
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</tr>
<tr>
<td>Community Living</td>
<td>Where would I like to live in my adult life? Will I live alone or with someone else?</td>
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<td></td>
</tr>
<tr>
<td>Social &amp; Spirituality</td>
<td>How will I connect with spiritual and leisure activities, and have friendships and relationships in my adult life?</td>
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</tr>
<tr>
<td>Healthy Living</td>
<td>How will I live a healthy lifestyle and manage health care supports in my adult life?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Safety &amp; Security</td>
<td>How will I stay safe from financial, emotional, physical or sexual harm in my adult life?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Advocacy &amp; Engagement</td>
<td>What kind of valued roles and responsibilities do I want to have, and can I manage them in my life?</td>
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</tr>
<tr>
<td>Supports for Family</td>
<td>How will my family be involved and engaged in my adult life?</td>
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<tr>
<td>Supports &amp; Services</td>
<td>What supports will I need to live as independently as possible in my adult life, and where will my supports come from?</td>
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</table>

Tool for Developing a Vision

- Person Centered
- Family Centered
- [www.lifecoursetools.com](http://www.lifecoursetools.com)
Open Discussion

- We want to hear from you?
  - What’s happening in your life
  - We are here and we hear you!

- Comments and questions should be brief to give others an opportunity
  - Individual-specific situations & questions are best addressed privately - please contact DDD directly after this session
Upcoming Events:

• **May 17th** – Introduction to Charting the LifeCourse – Virtual
  ▫ **Time:** 1:30 – 3:30 p.m. CST – Zoom

• **May 25th** - Using Charting the LifeCourse – 3rd in a Coaching Series
  ▫ **Topic:** CtLC: Life Domain – Safety & Security
  ▫ **Time:** 12-1 pm CST - Zoom

• **Front Door to Supports workgroup**
  ▫ **Share your experience & perspective about access to services**
  ▫ **Monthly meetings**
  ▫ **May 2022 – November 2022**
Wrap Up

- Next Family & Self-Advocate Conversation
  - August 11th, 2022
  - 12:30 p.m. CT/11:30 a.m. MT
- Notes & slides will be shared on DDD’s website under Family & Self-Advocate Resources

What’s one thing you appreciated about our time today?

Add your comments in the Chat
Contact Us

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Find more information at:

Division of Developmental Disabilities website
  ▫ Resources
  ▫ Family & Self-Advocate Conversations
  • [https://dhs.sd.gov/developmentaldisabilities/providerresources.aspx](https://dhs.sd.gov/developmentaldisabilities/providerresources.aspx)