



# Division of Developmental Disabilities

## Family & Self-Advocate Conversations

August 11, 2022



# Division of Developmental Disabilities' Mission:

To ensure that people with intellectual and developmental disabilities have equal opportunities and receive the services and supports they need to live and work in South Dakota communities.



# Why, Who and When

## Why:

- You have a right to provide feedback regarding services and supports
- DDD prioritizes and values open & clear communication

## Who:

- Those receiving CHOICES or Family Support 360 services
- Parents, guardians & other family members

## When:

- Quarterly

# What is the benefit for self-advocates and family members?

- Strengthen the voices of South Dakotans with disabilities and their families
  - Share your perspective and experience with DDD
  - Share feedback regarding current services
  - Identify needed services & supports
  - Get to know DDD staff and their roles

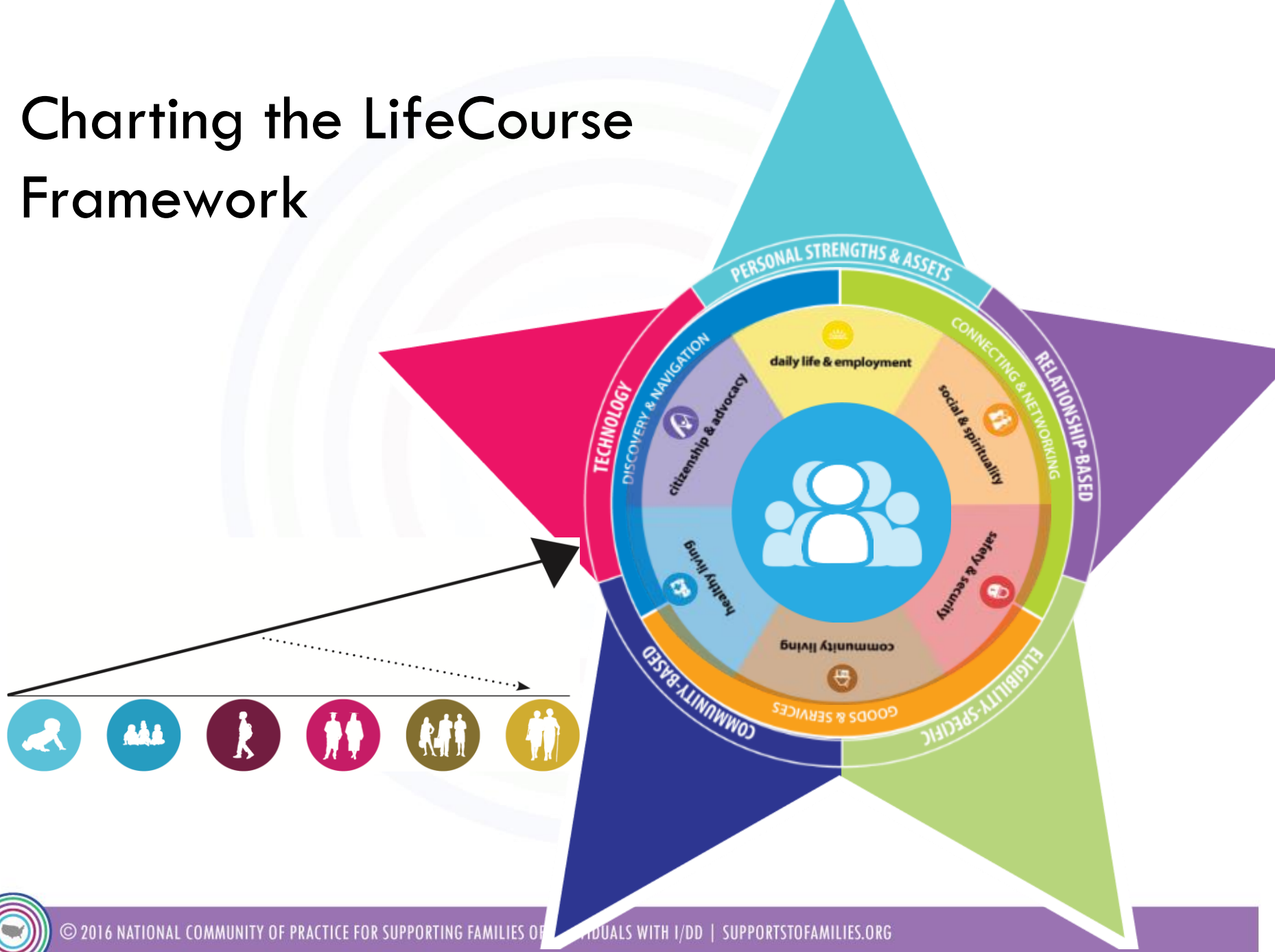
# What is the benefit for DDD?

- Direct communication to self-advocates and family members
  - Share information with our customers
  - Get feedback from people about what we should keep the same or change
  - Comments and questions help guide our decisions

# Meeting Agreements

- Be considerate of other attendees - keep comments brief to give others an opportunity to share
  - Individual-specific situations & questions are best addressed privately - please contact DDD directly after this session
- Mute microphone when not speaking
- One person talks at a time
  - Use the Chat to share questions or thoughts when others are speaking
- Be respectful of others' perspectives
- Listen to understand before providing solutions
- Change to Gallery view to see other attendees

# Charting the LifeCourse Framework



# “Good Life for All”



**The Individual** will achieve self-determination, interdependence, productivity, integration, and inclusion in all facets of community life



**Families** will be supported in ways that maximize their capacity, strengths, and unique abilities to best nurture, love, and support all individual members to achieve their goals





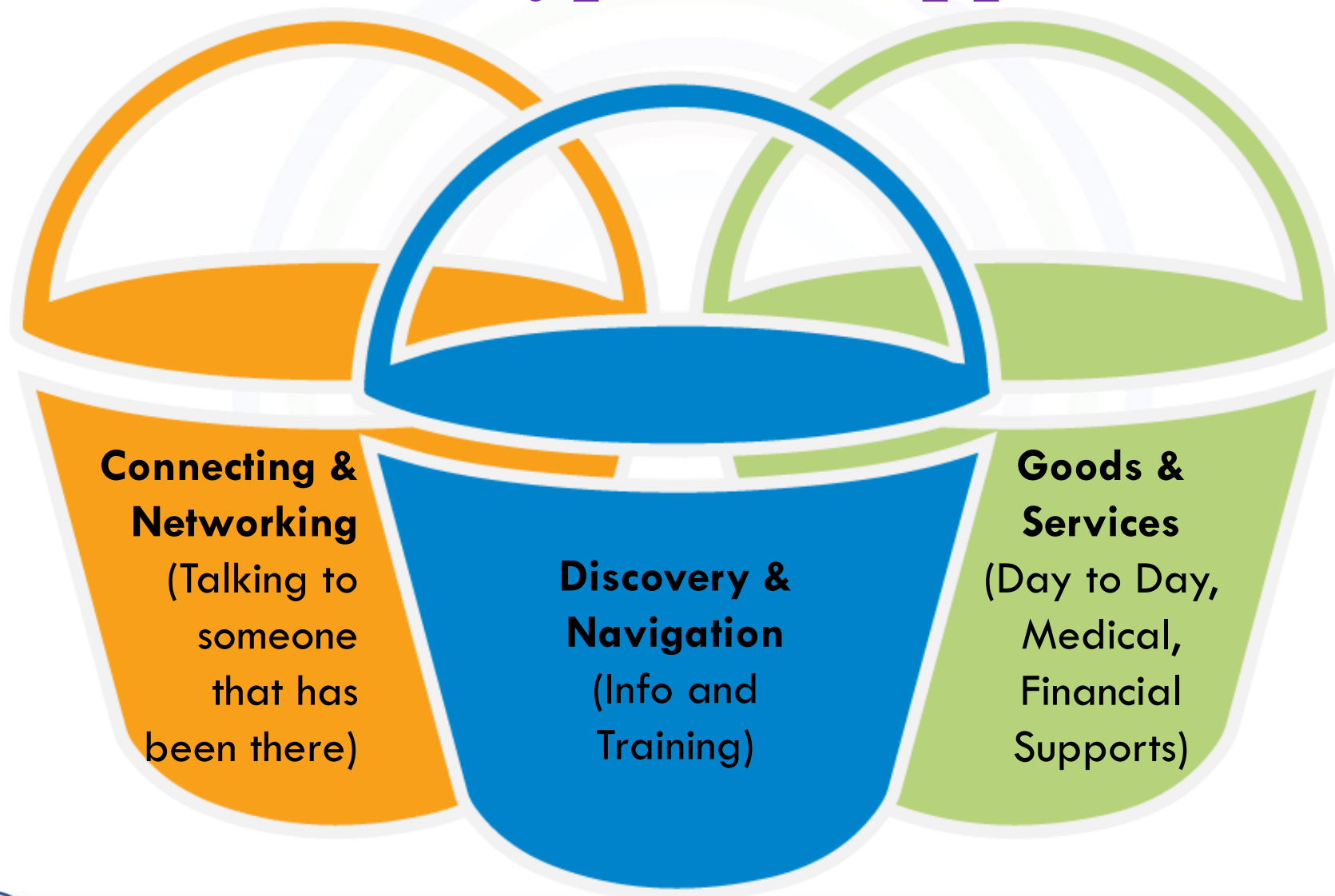
# People with disabilities and their families...

have **access to resources  
and supports**, that are  
person and family  
centered and directed,  
that **enhance individual  
lives and maintain the  
family well-being.**

## Families Need Support



# Three Types of Supports



# Types of Supports

## Discovery & Navigation

Knowledge and Skills

- Information on disability
- Knowledge about best practices and values
- Skills to navigate and access services
- Ability to advocate for services and policy change

## Connecting & Networking

Mental Health and Self-efficacy

- Parent-to-Parent Support
- Self-Advocacy Organizations
- Family Organizations
- Sib-shops
- Support Groups
- Professional Counseling
- Non-disability community support

## Day-to-Day Services

Instrumental Supports

- Self/Family-Directed services
- Transportation
- Respite/Childcare
- Adaptive equipment
- Home modifications
- Financial assistance
- Cash Subsidies
- Short/Long term planning
- Caregiver supports and training



# Open Discussion

- We want to hear from you!
  - What's happening in your life
  - We are here and we hear you!
  
- Comments and questions should be brief to give others an opportunity
  - Individual-specific situations & questions are best addressed privately - please contact DDD directly after this session

# Upcoming Events:

- **August 16<sup>th</sup> – Introduction to Charting the LifeCourse – IN PERSON**
  - Northeast Region
  - 2 p.m. – 4 p.m. CT
- August 31<sup>st</sup> – Using Charting the LifeCourse – 4<sup>th</sup> in a Coaching Series –
  - Topic: CtLC: Life Domain - Healthy Living
  - Time: 12-1 p.m. CST – Zoom
- September 20<sup>th</sup> – Introduction to Charting the LifeCourse - virtual
  - 10 a.m. – 12 p.m. CT
- September 28<sup>th</sup> – 5<sup>th</sup> in a Coaching Series
  - Topic: CtLC: Life Domain – Safety & Security
  - Time: 12-1 pm CST - Zoom
- November 23<sup>rd</sup> – 6<sup>th</sup> in a Coaching Series
  - Topic: CtLC: Life Domain – Advocacy and Engagement
  - Time: 12-1 pm CST - Zoom

# Wrap Up

- Next Family & Self-Advocate Conversation
  - November 10, 2022 – Who Will Fill My Shoes?
  - 12:30 p.m. CT/11:30 a.m. MT
- Notes & slides will be shared on DDD's website under Family & Self-Advocate Resources



What's one thing you appreciated about our time today?

Add your comments in the Chat

# Contact Us

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# Find more information at:

## Division of Developmental Disabilities website

- Resources
- Family & Self-Advocate Conversations
- <https://dhs.sd.gov/developmentaldisabilities/providerresources.aspx>