

Home and Community-Based Services (HCBS)

Providing a Home-Like Environment



Topics

Introduction to HCBS

Location

Living Arrangement

Privacy

Dignity and Respect

Physical Accessibility

Community Integration



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Introduction

What are Home and Community-Based Services?



HCBS definition

Services provided to individuals in their homes and communities instead of in a nursing home

Examples of HCBS Services

- Assisted Living Services
- Community Living Homes
 - Adult Day Care
- Homemaker, personal care, nursing



Did you know?

There are different ways people pay for services:

- Private pay
- Medicaid
- Insurance



Regardless of how a person pays for services, they must have the same rights



Location



The Right to Choose

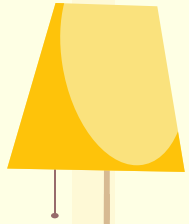
Each person gets to choose where they live and receive services



Each option is discussed so each person can make an informed decision



Each person has the right to choose to live somewhere that is not specifically for people with disabilities



The Right to Equal Access



All residents have the same access to the broader community



All residents can access the same common areas in their home



All residents served by Medicaid live and receive services in the same area as those not served by Medicaid





The Right to Visitors

Residents can have
visitors at any time, day or
night

Residents need a private
place to visit with family
and friends

Residents need to know
about their right to have
visitors



Living Arrangements

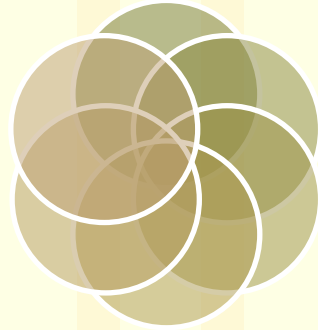


The Resident's Living Space

Residents can decorate their room however they want.

Residents should have choice of roommates.

Staff should always knock before entering a resident's room.



Furniture and artwork can be brought in that makes the resident feel like their room is their home (because it is!)

Each resident has the right to lock their door if they please. They should also have a key to their room.

Residents should decide who enters their room and when.





Residents sign a lease agreement that offers the same protections as South Dakota's landlord tenant laws

Meals



Residents can eat in their room if they don't want to eat in the dining room

Residents should have access to a snack in-between mealtimes

Residents have the right to choose who they eat their meals with and should not be assigned a seat in the dining room

Residents can keep snacks/food in their rooms

Grievances



Staff members should make sure that all residents know how to file a grievance (complaint).



All residents should know which staff member to speak with, who the local Ombudsman is, and where they can file a grievance online.

<https://sddhs.seamlessdocs.com/f/Feedback>





Privacy



All personal cares should be provided to each resident in a private place, with only necessary staff members present



Healthcare



Each resident should
choose his or her physician
and pharmacy



Residents have the right to know any
information about their own health.

A resident's private healthcare information
should not be shared with anyone.



Medications

A resident's medications should not be known by other residents

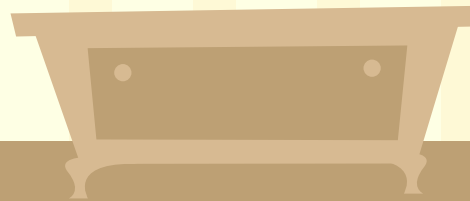


Any medication can be refused by the resident

Residents have the right to choose where to take their medications



Residents that are capable of managing their own medications have the right to do so



Communication



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Dignity and Respect





Clothing



Staff should ensure that each resident is dressed in clothes that

- Fit
- Are clean
- Are appropriate for the time of day
- Are appropriate for the weather
- Align with the resident's preferences





Staff Communication



Staff should communicate with residents in a dignified and respectful manner

Staff should not curse or use profanity

Staff should not talk about other staff or other residents within earshot of residents



Rights



Residents should be informed of their rights

Residents have the right to be provided care in an environment that contributes to their quality of life

Residents' spiritual needs will be provided for



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Physical Accessibility



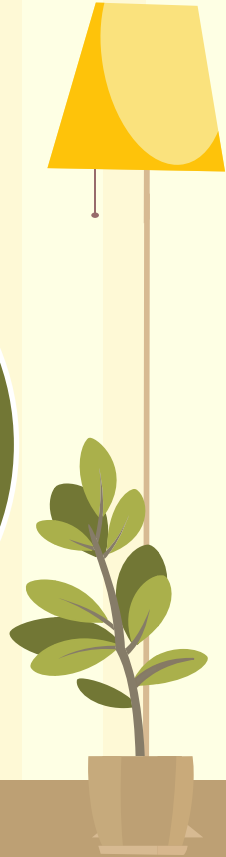
Access to Appliances



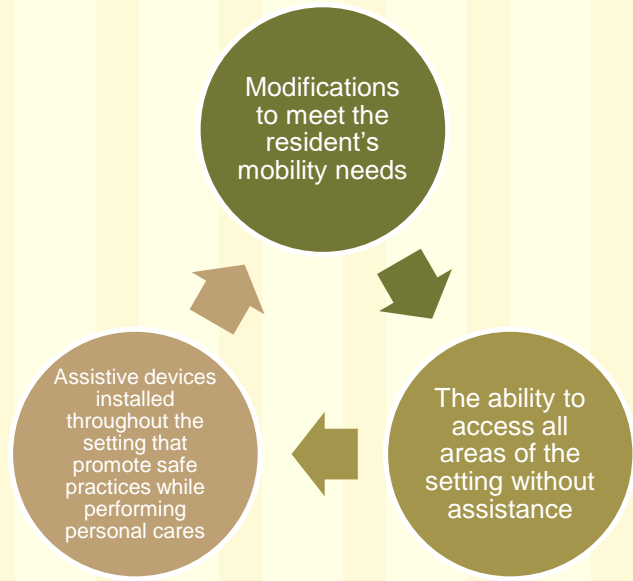
Residents need access to the laundry facilities in the setting.



If a resident wants to prepare a meal for themselves, there should be a place for them to do so.



Environmental Access

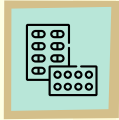




Autonomy



Day to Day



Schedule

Residents can make their own schedule and should not have a schedule made for them.



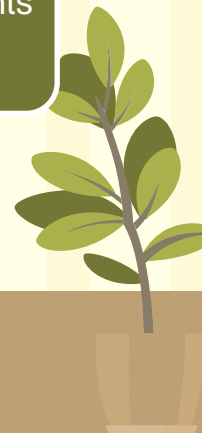
Coming and Going

Each resident has the right to come and go from the facility as they please. If the door has a code, the residents should have access to that code. No curfews should be in place.



Activities

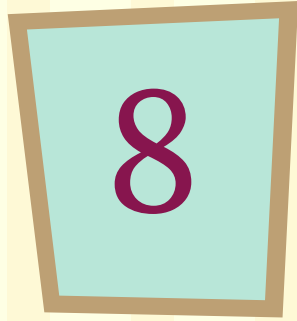
Activities should be offered by facility staff, but residents should not be forced to participate.



Finances

Each resident has the right to manage their finances independently





Community Integration



Work and Volunteer



Residents should be provided with information about where they can work or volunteer if they wish to do so.



Community Access



Staff will provide transportation options for residents who want to participate in activities outside of the setting

Residents should be informed of activities in the community

Residents may leave the setting when they want and may return at their convenience

Residents should have an alternative meal option when they choose to participate in activities in the community

Resources

Americans With Disabilities Act

<https://www.ada.gov/>

Article 44:70 – Assisted Living Centers

<http://sdlegislature.gov/Rules/DisplayRule.aspx?Rule=44:70>

Chapter 22-46 – Abuse, Neglect, or Exploitation of Elders or Adults with Disabilities

http://www.sdlegislature.gov/Statutes/Codified_Laws/DisplayStatute.aspx?Type=Statute&Statute=22-46

Chapter 43-32 – Lease of Real Property

<http://www.sdlegislature.gov/Statutes/PrinterStatute.aspx?Type=Statute&Statute=43-32>

Home & Community-Based Settings Final Rule

<https://www.medicaid.gov/medicaid/home-community-basedservices/guidance/home-community-based-services-final-regulation/index.html>

Home and Community-Based Services Waiver Program

<http://dhs.sd.gov/ltss/titleix.aspx>

South Dakota Medicaid

<http://dss.sd.gov/medicaid/>

Thank You

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