

HEALTH MANAGEMENT ASSOCIATES

National LTSS Trends
South Dakota, May 2017

WWW.HEALTHMANAGEMENT.COM

NATIONAL PERSPECTIVE: LTSS

- + Medicaid Spending
- + Rebalancing towards HCBS
- + National Context/Trends
- + System Performance

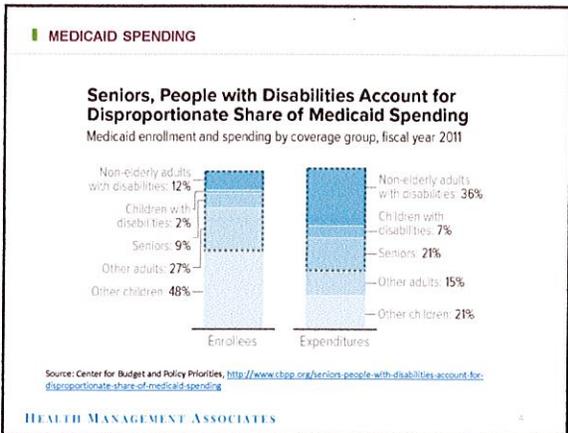
HEALTH MANAGEMENT ASSOCIATES

MEDICAID SPENDING

- + Total 2016 Services: \$553.5 Billion
 - + Fee-for-service acute care: \$145.5B
 - + Fee-for-service LTSS: \$118.5 B
 - + Managed care: \$252.7B
 - + Other: \$36.8B
- + South Dakota 2016: \$840 Million
 - + Acute Care: \$516M
 - + Institutional: \$176M
 - + HCBS and Home Health: \$148M
- + National Share - 63% federal, 37% state
- + South Dakota Share - 55.7% federal, 44.3% state

Source: Kaiser Family Foundation, <http://kff.org/state/category/medicaid-chip/medicaid-spending/>

HEALTH MANAGEMENT ASSOCIATES



MEDICAID SPENDING: SOUTH DAKOTA

In South Dakota Medicaid:

- + **60%** of SD Medicaid expenditures are for older adults and people with disabilities (including ID/DD)
- + Older adults and people with disabilities (including ID/DD) represent **24%** of the SD Medicaid enrollees

Source: Robert Wood Johnson Foundation, http://www.statenet.org/wp-content/uploads/2017/04/SD-Fact-Sheet_rev-4.4.17.pdf

HEALTH MANAGEMENT ASSOCIATES

MEDICAID SPENDING

Nationally, Medicaid represents:

- + 16.4% of U.S. health care spending (2014)
- + 9.5% of federal outlays (2015)
- + 61% of U.S. spending on LTSS (2012)

Major part of state budgets (2015):

National:	South Dakota:
• 15.8% Medicaid	• 13.7% Medicaid
• 24.1% K-12	• 16.0% K-12
• 13.1% Higher Ed	• 24.7% Higher Ed

Source: MACPAC, <https://www.macpac.gov/topics/spending/>

HEALTH MANAGEMENT ASSOCIATES

OTHER NATIONAL FACTORS – POLICY DISCUSSIONS

- + CMS HCBS requirements
- + Civil Rights and *Olmstead* enforcement
- + Unpaid Caregivers
- + Aging Population
- + Role of Technology
- + Workforce Issues
- + Quality Measurement/Social Determinants

HEALTH MANAGEMENT ASSOCIATES 13

System Performance

How does South Dakota Compare?

14

SOUTH DAKOTA: UHF AMERICA'S HEALTH RANKINGS - SENIORS

South Dakota ranks 15th across states for Senior Health

+SD Strengths

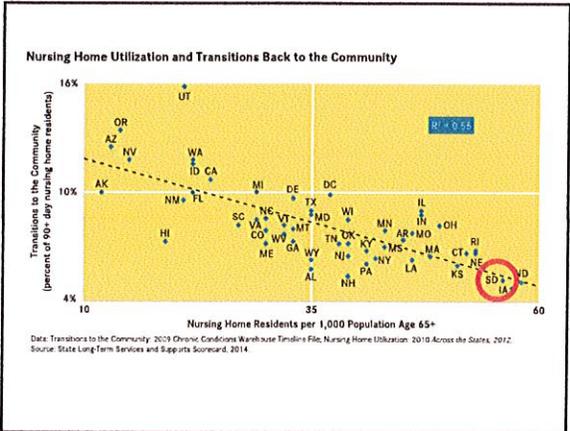
- High flu vaccination coverage
- High percentage of volunteerism
- Low prevalence of frequent mental distress
- Low prevalence of food insecurity
- Low number of hospital re-admissions

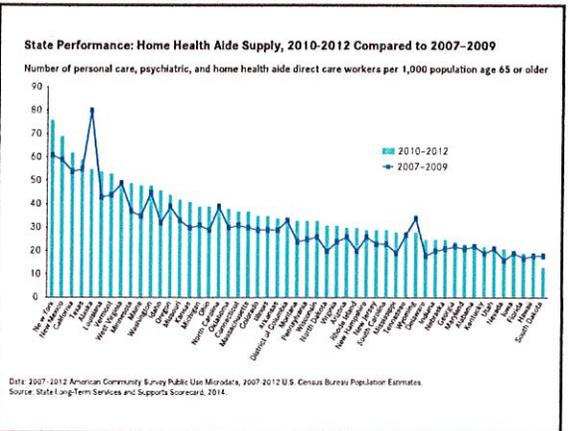
+SD Challenges

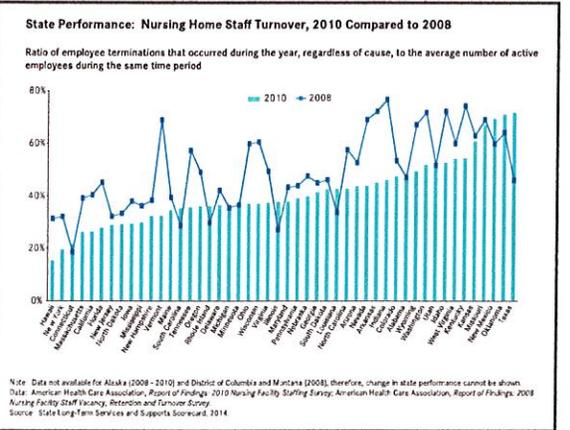
- Geriatrician shortfall
- Low percentage of hospice care use
- High prevalence of smoking
- High number of low-care Nursing Home residents

Source: http://www.americashealthrankings.org/explore/2017-senior-report/measure/overall_sr/state/SD

HEALTH MANAGEMENT ASSOCIATES 15







■ NCI-AD – MEASURING QUALITY

✦ **National Core Indicators**

- Aging/PD started in 2012, 15 states in 2015
- ID/DD started over 25 years ago, 44 states in 2015

✦ **Measuring “what matters” – NCI-AD**

- Proportion of people who are able to do things they enjoy outside of their residence when and with whom they want (63%)
- Proportion of people who are able to choose their roommate in group setting (39%)
- Proportion of people who sometimes or often feel lonely, sad or depressed (54%)
- Proportion of people who like where they are living (83%)

HEALTH MANAGEMENT ASSOCIATES 22

■ OPPORTUNITIES TO INNOVATE

- ✦ Continue rebalancing efforts
- ✦ Address family caregiver needs
- ✦ Use of technology
- ✦ Addressing social determinants of health
- ✦ Measuring quality
- ✦ Leveraging DHS combined assets

HEALTH MANAGEMENT ASSOCIATES 23

HEALTH MANAGEMENT ASSOCIATES

Sharon Lewis
slewis@healthmanagement.com
202.617.1536

WWW.HEALTHMANAGEMENT.COM
