

Supporting Families Core Belief:

All people and their families have the right to live, love, work, play and pursue their life aspirations in their community.



Role of SD Supporting Families CoP:

- Organize a structure of leaders to drive the change in SD
- Understand and use the Charting the LifeCourse (CtLC) “thinking”
- Identify and develop an infrastructure in SD for others to learn about the CtLC framework
- Identify state-specific “Innovation Areas” for integrating and implementing CtLC thinking, tools, and practices.
- Leverage and bridge National CoP opportunities with SD stakeholders to learn from other states from national technical assistance

Date: October 2, 2019

12:00p – 1:00p CST

Agenda Item	Owner	Desired Outcome	Come Prepared to...	Time Allotted
1. Welcome and Introductions	Julie H	Positive focus and connection	Share your name & role	5 mins
<p>Attendees:</p> <p>Donna Fischer – PCT Trainer, DHS Long Term Services & Supports</p> <p>Brooke Nelson – LifeCourse Ambassador, DDD Intervention & Support Specialist</p> <p>Ashley Schlichenmayer-Okroi -DHS/DDD Children’s Services</p> <p>Kimberly Percival – DHS/DDD Program Specialist</p> <p>Brenda Smith – LifeCourse Ambassador, Family Member</p> <p>Brett Whitmore – A-team Black Hills</p> <p>Cindy Whitmore – A-team Black Hills</p> <p>Julie Hand – LifeCourse Ambassador, DDD Assistant Director</p> <p>Elaine Roberts - LifeCourse Ambassador, Family Member</p> <p>Heidi Valer – Eastern SD Family Support Coordinator</p> <p>Jessica Lamb – Augustana College, PCT Trainer, LifeCourse Ambassador</p> <p>Rose Moehring – University of South Dakota Center for Disabilities</p> <p>Tacey Dunwoody – Benchmark Case Management</p> <p>Teri Bukowski – LifeCourse Ambassador, Family Member, Benchmark Human Services</p> <p>Rhonda Grant – A-team Black Hills</p>				
2. Standing Items <ul style="list-style-type: none"> • Review of CoP Purpose & Core Belief • Review Agenda and Meeting Agreements • Assigning Roles <ul style="list-style-type: none"> ○ Recorder: Kim ○ Timekeeper: Elaine 	Brenda S	We begin the meeting with a common understanding of the role of the SD CoP State Team as well as the purpose of our meeting today.		5 mins

Review of CoP Purpose & Core Belief - Brenda talked about how we start the meeting going over our guiding principles of CtLC with the CORE belief focusing on the all. Definition of the Community of Practice and the goal to support families and support individual and allow us to share and learn better ways for supporting people and families.

South Dakota is one of many states that are a part of the National Community of Practice for Supporting Families. We are entering our 4 year apart of the Nation Community of Practice for Supporting Families. SD CoP started in July of 2016. The role of the CoP State Team is to organize a structure of leaders to drive change in infrastructure and integrating the CtLC tools and practices while receiving TA from the National CoP group.

<p>3. Recap of last meeting & updates</p> <ul style="list-style-type: none"> • Examples shared • Sharing CtLC with others • 	<p>Carrie G</p>	<p>Reminder of discussion during last months meeting & progress on commitments</p>	<p>Ask questions, contribute to discussion</p>	<p>5 mins</p>
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Julie Hand - presented the recap of the last meeting due to Carrie not being able to participate. Reviewed Goals and activities outlined by the DD Council proposal at the end of July. The goals drafted in the DD Council Grant aligned with priorities established by the SD CoP State Team and purpose of SD's membership in the National CoP. Consider the different voices and perspectives among advocacy groups. It would be beneficial to bring members of Self-Advocacy and family groups together to find common grounds and share prospective. This does not mean that we are trying to disband the groups.

Cindy - expressed concerns as a family member-does not see a need for this program in South Dakota, despite the program being reapproved for another 3 years. Cindy's primary concern is how few family members and self-advocates have been contacted and invited to join the CoP State meetings. The A-team Black Hills team heard about these meetings and had to request to be added to the meeting notifications and has experienced little communication regarding the CoP. Cindy and her husband were notified regarding a listening session back in 2017 and attended and received a CoP folder and it seems that all people that are contacted regarding the listening sessions should also be invited to the CoP Meetings even though few may take part, but they should be invited. Families cannot have the chance to participate if they are not invited. Requests that families be asked if they want to receive notification of CoP meetings when notified of Listening Sessions.

Rose - expressed this is a planning group and her understanding of this group is to have representatives from each domain, not including all. Agrees that it is difficult to spread the word and families are extremely busy. Maybe we can find a way to link families like the Family Support 360 Facebook group to connect families.

Brett - explained the reason he would like more family involved in this group is because he feels like we are "getting the cart before the horse" in developing this huge framework without getting input from those most experienced in dealing with our self-advocates and not every family can attend. This group is just an additional level of bureaucracy that is unnecessary. The way to get more families included is to invite them because we are your strongest voice of experience when it comes to our children. If you make us the last to know on your list, then you are missing one of your main goals.

Rose - can see where the families are coming from - in Sioux Falls all the groups composition is 60% families or self-advocates because it is really those that are the most impacted.

Brenda - stated when the CoP started we had to start somewhere and this included agencies, organizations, families and self-advocates. Of course, it can't be opened to all family members first starting off due to the expense of getting everyone together.

Cindy clarified that there is a need for family and self-advocate involvement but believes the CoP program is unnecessary. The program is redundant, most of the goals are common sense and DDD already serves as a vehicle to accomplish those goals. DDD just needs to continue connecting people to all the resources the state has to offer. The people who developed Charting the LifeCourse may have been well intended but it is another marketing campaign and we are spending \$50,000 a year using their charts and templates. DDD is or should be the best place of DD/IDD recourses. With us starting the fourth year of this we need to be inviting families to join this meeting.

Brett – the listening sessions were the best thing but there were some irate families because they were the last to know. Families should be the first to know. When there are policy changes for example, when CoP language is being proposed into administrative rules.

Julie Hand- If I can advance and cover more material, we can have a better understanding of what the CoP is trying to do.

<p>4. SD CoP Work Plan</p> <ul style="list-style-type: none"> • Self-Advocate & Family Network • Public & Private Partnerships • Focus on Supports to Families in policy change 	<p>Julie H</p>	<p>Members are familiar with goals and activities the SD CoP State Team will be focusing on</p>	<p>Contribute to conversation – share ideas and offer your time & talent so we can accomplish our goals!</p>	<p>20 mins</p>
<p>Because DDD’s mission is to “ensure that people with developmental disabilities have equal opportunities and receive the services and supports they need to live and work in South Dakota communities,” these meetings will include information about the conversations occurring within DDD in an effort to be more transparent with families and self-advocates. Because this is relatively new, I’d like to add that updates shared here are public and are intended to either receive direct feedback from this group OR to provide information about how we plan to reach out before moving forward.</p> <p>During the listening sessions held a couple years ago, the issue of accessing services was a theme across all sessions. What we know is that within DDD alone, there are 4 different points of access for services, depending on which service you’re seeking. The issue is, these separate processes to access services assume the person/family ALREADY KNOW which program or service will meet their needs and is flawed in many ways. At DDD, we are having conversations about how to make the process less confusing and complicated and help match people to the supports they want and need. In some states, similar efforts have resulted in a single point of contact for all services – with the first step being a “get to know you” phase, followed by verifying eligibility for services, then directing the person to the supports most likely to meet their needs.</p> <p>While this won’t change the eligibility requirements for each or other requirements DDD must comply with to maintain state and federal funding to provide the service, our hope is that we can change the conversation early on, before people travel so far down one path that they’re too invested and tired to start over when they learn about other options. Given this, DDD would like to send a brief – around 5 question – survey to all families receiving supports through of our programs.</p> <p>If you have suggestions regarding the survey questions, please reach out to Julie Hand.</p>				
<p>5. Charting the LifeCourse – examples & discussion</p> <ul style="list-style-type: none"> • Case Management • A Team – Yankton • What is a Good Life Group? 	<p>Teri Kristi P Brenda S</p>	<p>Members see real life examples of how CtLC has been used shared</p>	<p>Offer your insights, questions, or opportunities to use CtLC</p>	<p>15 mins</p>
<p>Teri shared an integrated support star at their last coordinator meeting and how they compiled their thoughts on the needs or wants for process for the future of families and participants.</p>				
<p>6. Upcoming opportunities to learn about Charting the LifeCourse & applicability for ALL people</p>	<p>Elaine</p>	<p>SD CoP members are aware of upcoming events scheduled within SD at by the National CoP Team</p>	<p>Ask questions if needed</p>	<p>10 mins</p>

<p>7. What are others interested in learning about during our next meeting?</p> <ul style="list-style-type: none"> • December 4th 12:00 p.m. CT – 1:00 p.m. CT 	<p>Brooke</p>	<p>We prepare a draft of the agenda for our next meeting</p>	<p>Tell us about what you'd like to learn more about next time we meet</p>	<p>5 mins</p>
<p>8. Closing Round</p>		<p>We end on a positive note</p>	<p>Make a personal commitment to apply Charting the LifeCourse at work or at home</p>	<p>5 mins</p>
<p>Due to the discussion at the beginning of the meeting, agenda items 6-7 were only briefly discussed and a closing round was not facilitated.</p>				