



SUPPORTING FAMILIES

of individuals with intellectual & developmental disabilities
THE NATIONAL COMMUNITY OF PRACTICE • A COLLABORATION BETWEEN NASDDDS AND UMKC IHD, UCEDD

SOUTH DAKOTA STATE TEAM

South Dakota Supporting Families CoP State Team Meeting

December 2, 2020

Present:

Family Members	Family Members w/Professional Roles	State Agency Representatives	Public/Private Partnerships
Brenda Smith, Sioux Falls Elaine Roberts, Sioux Falls Elizabeth Welfl	Tim Reinbold, parent/VR Councilor Deanna Wollman, sibling/SDDC Brian Poelstra, parent/DRSD Jessica Lamb, parent/Augie Access Tania Kostel, parent/Family Support Cindy Kirschman, parent/TSLP Teri Bukowski, parent/Benchmark Carrie Geppert, parent/DHS/DDD	Arlene Poncelet, DD Council Julie Hand, DHS/DDD Kimberly Percival, DHS/DDD Kayla Blomme, DDD Julie Johnson-Dresbach, DHS/DDD Barb Wetrosky, DHS/LTSS Brooke Nelson, DHS/DDD Dixie Jungwirth, SDDC Augusta Wiese, DHS/DDD Dona Deal, DHS/LTSS Jenna Hieb, DHS/DDD Todd Schwartz. SDDC Rae Ford, SDDC Donna Fischer, DHS/LTSS	KD Munson, RHD Case Management Linda Turner, DOE Special Ed Melissa Flor, DOE Carla Miller, SDPC Tacey Dunwoody, Benchmark

Review of CoP Purpose and Core Belief – See attached slide.

Roles:

- Timekeeper – Jessica Lamb
- Recorder – Elaine Roberts
- PowerPoint presentation – Arlene Poncelet

Covid-19 Impact Survey:

- Members of the DD Network (Disability Rights of SD, Center for Disabilities, and DD Council) surveyed people with I/DD and their families about how Covid-19 was impacting their lives. Six hundred thirty-one (631) responded to the survey.
- Preliminary results indicated that there is a need for a clearing house for information/resources and mental health counselors who have background and training in I/DD.
- Three areas of need defined by the survey include **mental health, social connections and lack of access to technology/internet and the knowledge to use technology.**
- The DD Network is considering another follow-up survey. Responses would not be from the same people as the first survey was anonymous. It would include similar questions.
- The DD Council is working on their state plan and have discussions centered around the identified needs which are interconnected with one another.
- The DD Council offered 14 small grants to agencies which two agencies used to buy tablets for group homes and/or individuals.

Breakout Session Notes:

Session 1- Discussion centered around Mental Health (using the Integrated Star to facilitate discussion)

1. Relationship

One group identified that there is knowledge of the supports through mental health services in our state - so the relationship does exist (have), but the (need) ability to access it in most cases are limited due to the following things: distance, shortage of staff that is overtaxed already, building capacity within the mental health service providers to want to build /expand those supports with ID/DD and remote settings.

2. Personal strengths & Assets

Our group each may have a personal experience with mental health. According to completed Asset Maps, a majority of the CoP team has a passion for mental health.

3. Community

Need: Lack of counselors in rural school districts, need more online based counseling graduate programs

Have: Access to public libraries for the ALL (access to internet and other resources)

Session 2 - How is your organization empowering families when it comes to technology (internet connection, knowledge to use them)?

- Technology -
Have - awareness of products that can be used to assist with MH needs such; talk space, aps on phone for calming, meditations etc.
- Need - challenges with access to products to use for the service - cost, equipment (phone, computer), internet access - cost, availability and lack of skill level in understanding how to use and or want to us. What type of funding is available to purchase tablets for ALL children/young adults?

Technology Resources:

enTouch Wireless: enTouch Wireless offers government assisted wireless services to low income families and individuals in South Dakota.

<https://www.entouchwireless.com/states/south-dakota-lifeline-free-phone-service>

Frontier Communications: Frontier is committed to helping qualified low-income individuals pay for telephone or qualified internet services.

<https://frontier.com/resources/discountprograms/lifelineprogram/south-dakota>

Guardianship Round Table Update:

The Guardianship Roundtable was established after the last COP meeting as part of the COP moving in the direction to address needs for the ALL. The team is working on a one-page decision tree with FAQs on the back side with an effort to address across the life span and not just at transition age. The team is currently gathering current information regarding guardianship – identifying what we have VS what we need.


Upcoming Activities for SD Charting the LifeCourse

- The Good Life Groups do not require registration and the same link is used for all the sessions.
- Using Charting the LifeCourse for a Good Life requires registration.

December 2020

- Good Life Group: Focus –Supported Decision-Making & Guardianship Alternatives
-Wednesdays, December 9th & December 23rd, 2020 –12:00 PM CST and/or 8-9PM CT
- Using Charting the LifeCourse for a Good Life
-December 17th, 2020 –1:30-3:30 PM CT

January 2021

- Good Life Group: Let's explore the Quick Guides from the Life Experiences Series
-Wednesdays, January 6th & January 20th, 2021, Noon-1PM CT
- Using Charting the LifeCourse for a Good Life –2 Opportunities!
-Thursday, January 14th or January 28th, 2021
-  Charting the LifeCourse Webinar #7 –Healthy Living
-January 13th, Noon –1PM CT

** All previous recorded webinars can be found on the DHS website under Supporting Families Community of Practice*

- Next CoP Meeting, February 3, 2021 with the Topic: Action planning centered around Covid-19 Impact Survey: Mental Health, Social Connectedness & Digital Divide. *All meetings held from 12 pm –1:30 pm CT*
 - April 7, 2021
 - June 2, 2021

CoP members have the opportunity to participate in the National CoP Innovation Round Table Discussions. Connect with people from other Community of Practice member states who share similar interests!

The next session will focus on the topic of Trauma Informed Supports for Families, January 7th, 2021 1-2:30 PM CST

**See handout titled “2020-2021 Innovations Roundtable Schedule” for registration information.*

Candidates for the CoP Leadership Series:

- Welfl, Amber Finnesand , Theresa Marzahn, Julie Johnson-Dresbach and Tim Reinbold. This a new series in addition to the Ambassador Series

