



SUPPORTING FAMILIES

of individuals with intellectual & developmental disabilities
 THE NATIONAL COMMUNITY OF PRACTICE • A COLLABORATION BETWEEN NASDDDS AND UMKC IHD, UCEDD

SOUTH DAKOTA STATE TEAM

South Dakota Supporting Families CoP State Team Meeting

February 5, 2020

Present:

| Family Members | State Agency Representatives | Public/Private Partners |
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| Brenda Smith Cindy Whitmore Elaine Roberts Carrie Geppert Bobbie Jo Leggett | <u>Division of Developmental Disabilities:</u> Julie Hand Dona Deal Carrie Geppert Kimberly Percival Bianca Villapudua Brooke Nelson <u>Division of Long-Term Services & Supports:</u> Barb Wetrosky <u>SD Department of Education:</u> Melissa Flor <u>SD Developmental Center:</u> Dixie Jungwirth - SDDC | Arlene Poncelet – DD Council Tacey Dunwoody – Benchmark Human Services Jessica Lamb – Augie Access Dana Livermont – Statewide Family Engagement Center Carla Miller – SD Parent Connection Rose Moehring – Center for Disabilities Brian Poelstra – Disability Rights SD |

Review of CoP Purpose and Core Belief – see attached slides

Roles:

- Timekeeper – Kim
- Recorder – Bianca
- PowerPoint presentation – Julie H

Statewide Family Engagement Center & Advisory Council – Dana Livermont

Federal Grant Funded- Mission is to increase partnerships between schools and families, engaging families with their children, especially literacy. 90% of efforts are focused on the k-12 pillar but working in other areas also for the complete life journey.

Birth- Early literacy and early recognition of sounds, birth to 3- bright beginnings evidence-based practices, 3-5 regional trainings for literacy trainings. Families, childcare providers, etc. are attending trainings. Trying to get children ready for Kindergarten.

College and career- Trying to get students graduating high school and young adults move into careers that are satisfying. Providing adult literacy courses, Rapid City HS are having meets to discuss career and life goals, financial literacy nights, getting families to college days. Working on getting resource guide on website for college and career efforts.

K12- Family friendly walkthroughs with schools are a big focus, this model is from SD Dept. of Education. Working with schools and families go through a survey to go over 4 areas: Physical environment, School-wide practices, Linking to learning, and Written Communication and technology. Team of staff and family go through checklist to determine strengths, a detailed report to increase family engagement is then written after survey completed. Porter to Hoarder- started in Black Hills, starting statewide, written, illustrated, etc. by people from SD. Giving book and homework page to parents to help them read at home. Doing it again this next fall.



Champions- How can we create systematic change in schools? Family engagement? First year cohort, spring first one done. Educators from across state, counselors, teachers, etc., what does family engagement mean? Goal to increase family engagement, build network in order to support each other, etc.

TIP (Trauma Informed Practices)- Many families come with experienced trauma and needing more resources to handle trauma. Providing trainings for families. 4 regional trainings, last one held in Aberdeen. Lots of community members coming, not just school members.

Great website <https://sdsfec.org/>. There are resources in all pillars, resources for families, community members, educators. Different learning opportunities and classes. Facebook SFEC South Dakota <https://www.facebook.com/SFECSouthDakota/>- discuss resources and upcoming projects.

Dana Livermont Contact Information: dlivermont@bhssc.org

SFEC Upcoming Trainings:

- Regional trainings- child care providers on early literacy skills
- Special Education conference trainings
- Nothing upcoming for community members in next couple of weeks that are drop ins
- There are Quarterly newsletters
- Currently 3 workgroups from advisory committee-coming up with work regarding mental health, parent voice, disengaged families.
- Do schools request the surveys? School requests the survey, then they are scheduled. Some schools are designed as targeted, state recommends targeted schools receive a family friendly walk through, but all schools can request one and it is good practice to get one.
- Materials regarding hard to reach parents: Website, deeper digging why parents are hard to reach, rural, no community and technology access, what is the barrier. Resources may be different, workgroup around disengaged families will be putting information together and hopefully trainings within the next year.

SD CoP Work Plan Progress Reports

Self-Advocate & Family Networks – Brenda Smith & Carla Miller

- Active representation enhances self-advocates, family groups and efforts. Reaching out to existing family groups to discuss their goals, memberships to offer and share information. CtLC frameworks in progress.
- Proposal to speak at TIE conference within the family engagement track. Plan to have a session using CtLC trajectory to see what family engagement can look like in their schools, integrated star to look at supports, with the point being that family engagement is individualized to the community and school.
- Online Good Life Group- Parents will learn CtLC and build connections. Possible online good life meetings starting in March, 4 Mondays, register and learn CtLC and develop integrated support stars, in progress.
- SD Parent Connection - meeting mission as statewide organization, more people from around state on the board of directors. Starting an Aberdeen area “advisory” group, comprised of parents, self-advocates with support from SDPC staff and board member to meet on a monthly basis and discuss services and supports in the Aberdeen and the surrounding 90-mile radius. Members would also discuss strengths and needs of services in this area, could volunteer for events. This would also be an opportunity to go beyond a parent connection group but to inform the SD CoP efforts.
- Ideas- Partners in Aberdeen to invite them (in the progress). First meeting Feb. for Parent Connection staff and board members, goal is at least one meeting before summer, meeting at end of summer to organize for next fall.



- Need to build new family leaders and work with younger family members to get them involved and help mentor them.
- Training- parent groups- sponsoring, panel would assist hosting in Aberdeen area.
- Autism support group in Aberdeen really strong, but what about other groups?

Public & Private Partnerships - Carrie Geppert

- Connection with Northeast education services co-op, 27 school districts that Carrie and Brenda will be presenting in with CtLC.
- Presenting CtLC with USC undergrads with disability minors.
- Using CtLC with alternatives to guardianship and services.
- Question: How do we work with those we are already connected to? Using tools in what they are already doing? Knowing what is going on within the state, other communities, other disability fields, how to best partner. Working smarter not harder, joining efforts to accomplish similar goals.

Focus on Supports to Families in policy change – Julie Hand

- Priority with DDD to better support families. Looking into having Brenda and Elaine to conduct phone interviews with families that applied and entered services with DDD within the last 6 months, pulling a sample. Looking at only CHOICES and Family Support waiver right now. Hoping to gain insight to the process of applying, information gathered to determine program, etc. Hoping to wrap interviews up by end of March, that is the goal, hopefully can share data at April meeting if not June meeting. Current weakness is being able to gain trust of families, ensure outreach and meaningful engagement as a habit with families. These are work in progress areas. DDD is making headway and moving in the right direction.
- Idea: Disability specific Facebook sites to help connect families. Facebook site FS360, Feb. 11 parent connection meeting.

Upcoming opportunities to learn about CtLC:

- SD's Charting the LifeCourse Webinar Series **began on January 22, 2020**. Next session scheduled for March
 - These will be 1 hour at 12 p.m. CST, 11 a.m. MDT. *Included is a flyer with details of these webinars.*
- Innovations Work groups meetings are available through our CoP membership and open to any team members. Julie sent out a schedule which includes details of how to participate.
- A schedule of Innovation Workgroups is also included with the minutes – topics for the Workgroups include:
(Please reference attached schedule for dates and times)
 - Family and Self-Advocate Engagement
 - System Design and Quality- CtLC in individual support plans, pros and cons
 - Implementation and Practice
 - Cultural and Linguistic Competency

National CoP Annual Meeting & CtLC Showcase

- **National Community of Practice Annual Meeting in Kansas City, MO on April 28th** and the **Charting the LifeCourse Showcase April 29th and 30th, also in Kansas City, MO**. Our DD Council budget has funds allocated to pay for registration and travel for CoP State Team members and others interested in learning about Charting the LifeCourse.



- **Please contact Julie Hand at Julie.Hand@state.sd.us if you are interested in attending either of these events and would like your name added to be considered for registration and travel assistance.**

Survey will be coming out to see if you are interested in attending. Annual CoP meeting 1st day, Charting the LifeCourse Showcase is the next 2 days. Julie Hand, Kim Percival, or Bianca Villapudua will be first reaching out to those who have already made known they want to attend. Survey will be specific to attending Annual Meeting and Showcase or only the Showcase, a link to provide your name, address and other information necessary for registration will be provided. Also, each person will be asked to commit to their intent to attend within the questionnaire – this enables us to confidently register you and avoid cancelled registrations, hotel reservations, etc. We are hoping to set up hotel as direct bill through funds through DD Council and will determine this and transportation information soon. Let Julie Hand, Kim Percival, or Bianca Villapudua with any questions you may have.

Kimberly.Percival@state.sd.us

Bianca.Villapudua@state.sd.us

Next Meeting: Annual SD Supporting Families Community of Practice ‘In Person’ meeting - April 1st in Pierre.

Please RSVP so hotel arrangements can be made-see flyer attached to email. The attendance of family members and people with disabilities is crucial to the success of the CoP efforts. The meeting will begin at 9:30 a.m. CT and end at 3:30 p.m. CT.

- Barbara Brent and Lisa Meyer from the National Community of Practice will be present – they are SD’s project team leads and will be onsite to provide technical assistance to our group and help us plan and prioritize.

June 3rd next Skype meeting