

**Supporting Families Core Belief:**

All people and their families have the right to live, love, work, play and pursue their life aspirations in their community.



**Role of SD Supporting Families CoP:**

- Organize a structure of leaders to drive the change in SD
- Understand and use the Charting the LifeCourse (CtLC) “thinking”
- Identify and develop an infrastructure in SD for others to learn about the CtLC framework
- Identify state-specific “Innovation Areas” for integrating and implementing CtLC thinking, tools, and practices.
- Leverage and bridge National CoP opportunities with SD stakeholders to learn from other states from national technical assistance

*Date: June 24, 2019*

*12:00p – 1:30p CST*

Agenda Item	Owner	Desired Outcome	Come Prepared to...	Notes from Meeting
1. Welcome and Opening Round	Julie H	Positive focus and connection -	Share your name, role, and favorite summer family tradition	

Julie made sure that everyone had a chance to share name, role at work and a favorite summer family tradition. Those in attendance included:

- Julie Hand - DHS, Division of Developmental Disabilities - Pierre
- Carrie Geppert - DHS, Division of Developmental Disabilities – Sioux Falls
- Melissa Flore – Dept. of Education, Office of Special Education - Pierre
- Arlene Poncelet – SD Council on Developmental Disabilities - Pierre
- Tacey Dunwoordy – Benchmark Case Management - Spearfish
- KD Munson – RHD Case Management - Pierre
- Julie Kopp – family member, A Team - Rapid City
- Jessica Lang – Family Support 360 Coordinator - Mitchell
- Nikie LaFortune – RHD Case Management – Dell Rapids
- Elaine Roberts – family member, SD Ambassador – Sioux Falls
- Darla McGuire – LifeQuest, Career Connections – Mitchell
- Cindy Whitmore – family member, A Team – Rapid City
- Brooke Nelson - DHS, Division of Developmental Disabilities – Brookings
- Bret Whitmore – family member, A Team – Rapid City
- Barb Wetrosky – DHS, Division of Long Term Services & Supports – Sioux Falls
- Sarah Carter – Dept. of Education, Birth to Three/early intervention – Pierre
- Jamie Morris - DHS, Division of Developmental Disabilities – Pierre
- Jaze Sollars - DHS, Division of Developmental Disabilities – Pierre
- Pat Norin – family member – Brandon
- Rose Moehring – Center for Disabilities – Sioux Falls
- Teri Bukowski – family member, Benchmark Case Management – Elkton
- Becky Israelson – Family Support 360 Coordinator – Sturgis
- Carla Miller – SD Parent Connection – Sioux Falls

<p>2. Standing Items</p> <ul style="list-style-type: none"> <li>• Review of CoP Purpose &amp; Core Belief</li> <li>• Review Agenda and Meeting Agreements</li> <li>• Assigning Roles <ul style="list-style-type: none"> <li>○ Recorder: Deanna</li> <li>○ Timekeeper: Elaine</li> </ul> </li> </ul>	Elaine	We begin the meeting with a common understanding of the role of the SD CoP State Team as well as the purpose of our meeting today.		
<p>Reviewed Power Point with purpose and roles, which will be sent out with the meeting minutes. Goals of our meeting/time together</p>				
<p>3. Welcome new Ambassadors!</p>	Carrie G	We recognize CoP members who have successfully completed the PCT Ambassador series.		
<p>Recognized Amy, KD and Brenda for their time and completion of PCT Ambassadors Series. Jessica Lamb and Kristi Patton also received certificates a couple days after the meeting. Congrats to our newest SD Ambassadors!</p>				
<p>4. SD CoP State Team meeting – recap of March 2019 in-person meeting &amp; next steps</p>	Julie H	All SD CoP State Team members have an update on discussion and brainstorming for 2019-2020 priorities	Ask questions and share your insight, offer to assist	?
<p>Met on in Pierre on March 27<sup>th</sup> to review progress within building capacity and spreading awareness statewide regarding Charting the LifeCourse and the purpose of the Community of Practice. Conversation was framed as “What Do We Want for People with Disabilities in SD?” and “What Don’t We Want for People with Disabilities in SD?” and discussed steps already taken within the SD CoP State Team.</p> <p>See attached trajectory titled “SD Supporting Families CoP vision March 2019.” The group then reviewed and voted on top priority areas to focus on in the next 12 months. Those items with most votes included:</p> <ul style="list-style-type: none"> <li>* Transition</li> <li>* Collaboration with other networks (state &amp; private, communities, etc.)</li> <li>* Community Inclusion</li> <li>* Informed Decisions and Integrated Supports</li> <li>* Family and self-advocates engagement, partnership</li> <li>* Health/Mental Health</li> </ul> <p>From this, SD Ambassadors and CoP Annual Meeting/Showcase attendees, and other key State Team members were invited to an in-person follow up meeting to narrow the focus based on direction from CoP National Team members – “<i>what can we make significant progress towards in the next 12 months?</i>” <i>The following areas were determined top priorities and areas in which significant progress could be made and would impact supports to families overall across South Dakota.</i> These priorities will also be included as goals within the request for DD Council funds to continue membership in the National Community of Practice for Supporting Families. Below are DRAFT strategies outlined each priority area included in the request for DD Council funding. Edits will likely be made – if/when approved by the DD Council on July 22<sup>nd</sup>, the final Goals &amp; Strategies will be sent to SD CoP State Team members.</p> <ol style="list-style-type: none"> <li>1. <u>Initiate and/or further develop relationships with key state and local partners</u> <ol style="list-style-type: none"> <li>a. Identify state and local partners which provide resources and support to people with ID/DD as well as the ALL across the lifespan such as early intervention, education &amp; transition services, long term care, mental health, local career centers, community action programs, healthcare provider associations, economic assistance, family planning centers, etc.</li> <li>b. Engage with and learn about said state and local partners to identify common goals</li> <li>c. Collaborate with state and local partners to apply Charting the LifeCourse framework as a vehicle to accomplish common goals</li> </ol> </li> <li>2. Establish a Self-Advocate &amp; Family Collaborative to create one “hub” of self-advocate and family leadership in SD <ol style="list-style-type: none"> <li>a. Outreach &amp; meaningful engagement with existing advocacy groups</li> </ol> </li> </ol>				

- b. Initiate collaborative efforts with existing groups and other interested parties to discover common ground on which to base advocacy efforts
- c. Launch regular communication to and among self-advocates & families regarding a variety of topics ranging from creating an individual or family vision for the future, to updates on state and federal legislation impacting people with ID/DD and their families
  - i. Use email and website as a standard form of communication in addition to other forms of communication to those with limited access to technology.
  - ii. Provide information and materials to assist families in planning for their vision of a good life, including life stage booklets, Supporting Real Lives folders, and other anticipatory guidance materials.
  - iii. Assist self-advocates and families to establish Good Life Groups
  - iv. Collaborating with other entities supporting advocacy efforts, for example such as Disability Rights SD, Coalition for Citizens with Disabilities, DD Council, and the Family Support Council to engage with families across South Dakota.
  - v. Establish regular feedback loop with self-advocates & families to help inform policy decisions.
- d. Create a peer support network through which self-advocates and families are able to connect with one another to share information, provide emotional/social support to one another, and learn about community resources from one another.

**As a CoP state Team member how can you contribute your skills, knowledge, and /or time to either of these?**

- \* Comments regarding a Family & Self-Advocate Network in SD:
  - o Julie H: We need to be very mindful of the groups, audience, respect values and bring people together.
  - o Rose: Host training/work with family and encourage families to use life course materials.
  - o Brett: Difficulties of wider range of people and settings: Each of us would benefit if we were together in our setting, as to what we bring to the group and how we represent and share with each other.
  - o In person is best, we want to share certain goals, advocate are the most important.
  - o Pat: Difficult life experiences, knowing the people are and resources, greater good...
  - o Becky: Become overwhelming – nice to have people around the state, with looking at the trajectory as to what groups are looking for, Come together share.
  - o Cindy: Facebook is helpful. BHW, together about a year. Stuff we do is for the entire state. Goals...
  - o DDD: Listening sessions have a list of various groups around the state to distinguish who is who, interests...
  - o Julie: DDD has the names and addresses of all the people we support, but not consistent contact information to get consistent data. Several databases just within DDD.

5. National CoP Annual Meeting & CtLC Showcase	Julie H	Annual Meeting & Showcase attendees share their personal learning from the events.		
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CoP Annual Meeting is an opportunity for CoP member states to learn from the national level what is happening with efforts related to supporting families, learn about efforts in other member states and share what’s happening in our state. Great information and collaboration!

Charting the LifeCourse Showcase: more of a conference-style event which attendees have a broad array of knowledge/experience using CtLC – some are brand new and others are very familiar and leading state efforts. Lots of sessions covering aspects of supporting families and people with disabilities through the lens of Charting the LifeCourse, such as employment, consideration of cultural and linguistic diversity, state policies and regulations, and other topic areas. Some people who attended this year or in the past commented.

- \* Elaine: did not attend, but in previous years, transition to adulthood materials, networks...
- \* Carrie: Parent to connect with other family members, implement learning to home and work.
- \* Brook: New to life course, came to life, way of thinking, more relevant for day to work with person and families (resource, service) refrained conversation – states on their efforts.
- \* KD and Nikki: Take away developed a plan to get CMs more familiar, expectations of their role, more familiar with all their resources and utilizing with others.
- \* Barb W.: Charting the Life Course is not just a tool, but direction plan and develop, get pieces of puzzle and how they all fit, guides our work. Such as identify what person and family wants.
- \* Melissa: Understand where you want to go, goals, think broader, use of the tools.

6. Lewin Group – Evaluating Outcomes for CoP states by the Administration on Community Living	Natalie B & Diana C	SD CoP State Team learns about efforts to collect data on both the state and national level to		
<p>Work with each state to collect data from all states, states with commonalities (findings, trends...)  Diana Caldwell &amp; Natalie Boonchairsi  History – year and half, first understanding the tools, then collecting data:  See ACL Power Point for further information on Purpose of Evaluation, share findings, next steps  Tools used to collect data: Reporting tools, interviews, site visits and materials reviewed.  Slides1-5  Shared the findings (Cycle 1, 2,3,4 and 5).  Next Steps  See ACL Power Point (slide 6-12)</p>				
7. SD’s continued participation in the national Supporting Families CoP	Julie H & Arlene P	All State Team members are aware of DDD and the DD Council’s commitment to Supporting Families	Make suggestions & ask any questions you may have	
<p>Julie shared via Power Point: Continued CoP Membership 3-year grant request to DD Council.  Julie is sending a proposal to the DD Council, which meets July 24<sup>th</sup>, 2019 in hopes to sustain our learning and efforts.  DD Council request includes a narrative outlining benefits of membership, goals of the SD CoP State Team, budget outline of various expenses such as travel, contractual, materials, etc.  Arlene: CoP membership aligns well with DD Council’s vision, person and family efforts.</p>				
8. What are others interested in learning about during our next meeting? <ul style="list-style-type: none"> <li>• August 7<sup>th</sup>, 12 pm – 1:30 pm CT</li> </ul>	Carrie	We prepare a draft of the agenda for our next meeting	Tell us about what you’d like to learn more about next time we meet	*
<ul style="list-style-type: none"> <li>* Carrie: Charting the Life Course (not service focused), how do we utilize the CtLC</li> <li>* Elaine: learn from those who did the charting the life course and PCT Ambassadors Series. Allow time for closing rounds.</li> <li>* Rose: Change in family support services (webinar in how to navigate)</li> <li>* Julie shared that we would look at separate calendars for navigating the system, how do we share, how do get that out.</li> <li>* Cindy: Want to be surer of the scope of communication with family members. How many people who you have connected with, data base family learning about CoP. Need better contacts &amp; data to reach more people.</li> </ul>				
9. Closing Round	Deanna	We end on a positive note	Make a personal commitment to apply Charting the LifeCourse at work or at home	

Wide range from both home and work life:

- \* Carrie G: Use in meetings with families and colleagues
- \* Cindy W: advocate for and through the A Team of the Black Hills
- \* Rose: CtLC included in a grant, learned about it through the National Association of the Deaf/Blind
- \* Tacey: Laura and Kelli doing trainings across the state to share learning from the CtLC Showcase
- \* Elaine: Using trajectory & star to plan with husband for the future
- \* Deanna: SDDC has 10 LifeSpan Specialists – continue to work with them to understand the framework
- \* Sarah C: continue to work with Birth to Three and the family engagement & collaboration aspect of what we do
- \* Barb W: looking forward to doing the Ambassador series, sharing with other LTSS staff
- \* Brooke: continue to use CtLC in my everyday work
- \* Bret: No comment
- \* Becky: revisit SD LifeSpan folders with families I support
- \* Carla M: align language used in CoP and CtLC with a pilot SD Parent Connection is involved in with transition age students