



SD Supporting Families CoP State Team

10.2.19





Welcome & Introductions





Core Belief:
All people and their families have the right to live, love, work, play and pursue their life aspirations in their community.



What is a Community of Practice?

- ⦿ A community of practice brings together "people who share a concern or passion for something they do and learn how to do it better as they interact This model was chosen for this effort to provide means for:
- ⦿ Connecting people who may have never had contact;
- ⦿ Providing a shared context for people to communicate, collaborate, generate knowledge, share information; and solve commonly identified problems;
- ⦿ Stimulating learning by serving as a vehicle for communication, mentoring, coaching, or self-reflection; and
- ⦿ Helping people organize around purposeful actions.



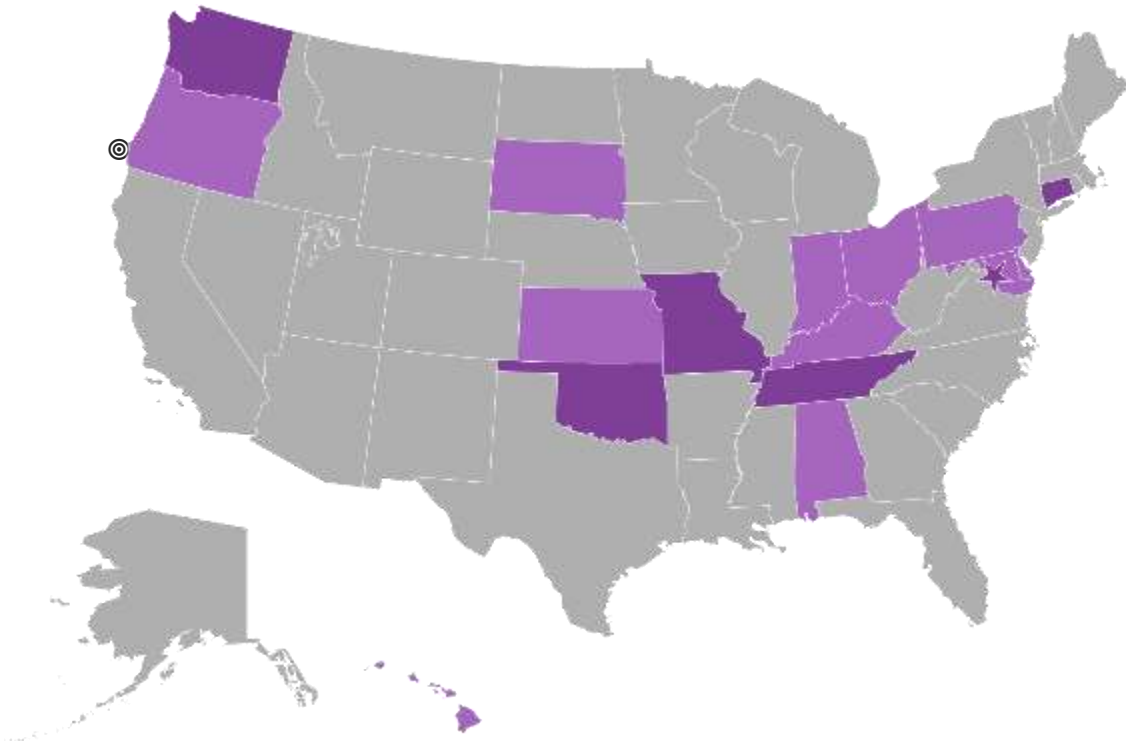
National Community of Practice for Supporting Families

Project Goal

To build capacity through a community of practice across and within States to create policies, practices and systems to better assist and support families that include a member with I/DD across the lifespan.

Project Outcome

- State and national consensus on a national framework and agenda for improving support for families with members with I/DD.
- Enhanced national and state policies, practices, and sustainable systems that result in improved supports to families.
- Enhanced capacity of states to replicate and sustain exemplary practices to support families and systems.



What is the role of the CoP State Team?



- ⦿ Organize a structure of leaders to drive the change in your state
- ⦿ Understand and use the Charting the LifeCourse "thinking"
- ⦿ Identify and develop an infrastructure in the state for other stakeholders to also learn about the framework
- ⦿ Identify statewide specific Innovation Areas for integrating and implementing the Charting the LifeCourse-thinking, tools and practices.
- ⦿ Leverage and bridge National CoP opportunities with statewide stakeholders to learn from other states and to national technical assistance.



8.7.19 Meeting Recap

- ⊙ Reviewed Goals & Activities of SD CoP as outlined in proposal to DD Council
- ⊙ Goals align with priorities established by SD CoP State Team and purpose of SD's membership in the National CoP:
 - ★ Establish a self-advocate & family collaborative to create a “hub” of self-advocate & family leadership in South Dakota
 - ★ Initiate and/or further develop relationships with key state and local partners
 - ★ Identify opportunities within DDD to use Charting the LifeCourse as a method to achieve strategic goals
- ⊙ Shared examples of the trajectory –
 - ★ School Age
 - ★ Transition
 - ★ Inclusive Ministry



Recommendations & Follow-Up:

- ◎ Consider the many different voices & different perspectives among and within disability/family advocacy groups. Beneficial to bring groups together to present their perspectives – in person – to find common ground
 - ★ *Is there a place/time when representation from these groups is already in one place?*
- ◎ Understanding the goals of the group is important – having them listed on the website would be helpful
 - ★ *Possibly start by helping each group put together a trajectory*
- ◎ The State Team is made up of a lot of people – we know your name but not WHO you are, what your life experiences have been – both past and present. Putting faces to names would be helpful
 - ★ *How can we better connect as SD CoP State Team members?*
- ◎ Want to be surer of the scope of communication with family members. How many people who you have connected with, is there a database of families learning about CoP?
 - ★ *Need better contacts & data to reach more people.*



Goals through June 30, 2020

- ◎ Active participation in Collaborative from:
 - ★ 10 family and/or self-advocate groups
 - ★ 15 self-advocates
 - ★ 15 family members
- ◎ Host 16 “Good Life Group” events statewide to provide:
 - ★ Information & Skill Building
 - ★ Connection & Networking
- ◎ Establish direct communication from DDD to families & self-advocates to obtain feedback and share updates



Setting the Stage

- ⦿ Review of family group list used to plan 2017 Listening Sessions
 - ★ Added self-advocate groups
 - ★ 29 listed
- ⦿ Compiled names of all family members & self-advocates who've attended listening sessions, SD Gathering, and other events related to Person Centered Thinking, Charting the LifeCourse, or Supporting Families CoP
 - ★ 137 contacts
 - 28 Self-Advocates
 - 109 Family Members
- ⦿ Compiled list of non-disability related professionals as potential partners – those who've attended same events listed above



Known Family Groups in South Dakota

◎ Statewide:

- ★ SD Advocates for Change
 - ★ DD Council
 - ★ Family Support Council
 - ★ Partners in Policymaking
 - ★ SD Sibs
 - ★ SD Special Olympics
 - ★ Grandparents of Kids w/
Special Needs
 - ★ People First groups
- ## ◎ Central
- ★ Central South Dakota Autism Society
- ## ◎ West
- ★ Ups of Downs
 - ★ Special Olympics Rapid City
 - ★ A Team Black Hills
 - ★ Rapid City Brain Injury Support Group

◎ Southeast:

- ★ Pathways – Sioux Falls
- ★ New Directions
- ★ Sioux Falls Area
- ★ The Rivers A Team of Eastern SD
- ★ Sioux Falls Area Epilepsy Support Group

◎ Northeast

- ★ Aberdeen Area ASD Parent Support Group
- ★ Aberdeen Area Brain Injury Support Group
- ★ Brookings Area Brain Injury Support Group
- ★ Adult Services Task Force of NE SD
- ★ Grant Roberts Developmental Disabilities Services
- ★ Brookings Area Parenting Advocacy Group



DDD Efforts to Improve Communication

DDD efforts to increase transparency & establish routine communication to and from stakeholders – particularly people with disabilities and their families

- ⦿ Simplify information and intake process to receive services (Front Door to Supports)
- ⦿ Outcomes:
 - ★ Supports that are well-matched to what the person and/or family want and need.
 - ★ People with disabilities and families can make an informed choice about the services and supports to best meet their needs



Role of CoP to Improve the “Front Door”

- ◎ Help guide DDD’s efforts to obtain input and feedback from people with disabilities and families
 - ★ *Survey to families and people with disabilities*
- ◎ How can DDD improve:
 - ★ *Information available*
 - ★ *Point of contact & application processes*
 - ★ Overall experience – reduce frustration, confusion & waiting time
 - *CHOICES waiver (Supports at a CSP)*
 - *Family Support waiver*
 - *Respite Care*
 - *Statewide Family Support*
- ◎ Think about other how other service delivery systems conduct intake & eligibility
 - ★ How can we align our efforts to better meet the needs of people with disabilities & families?



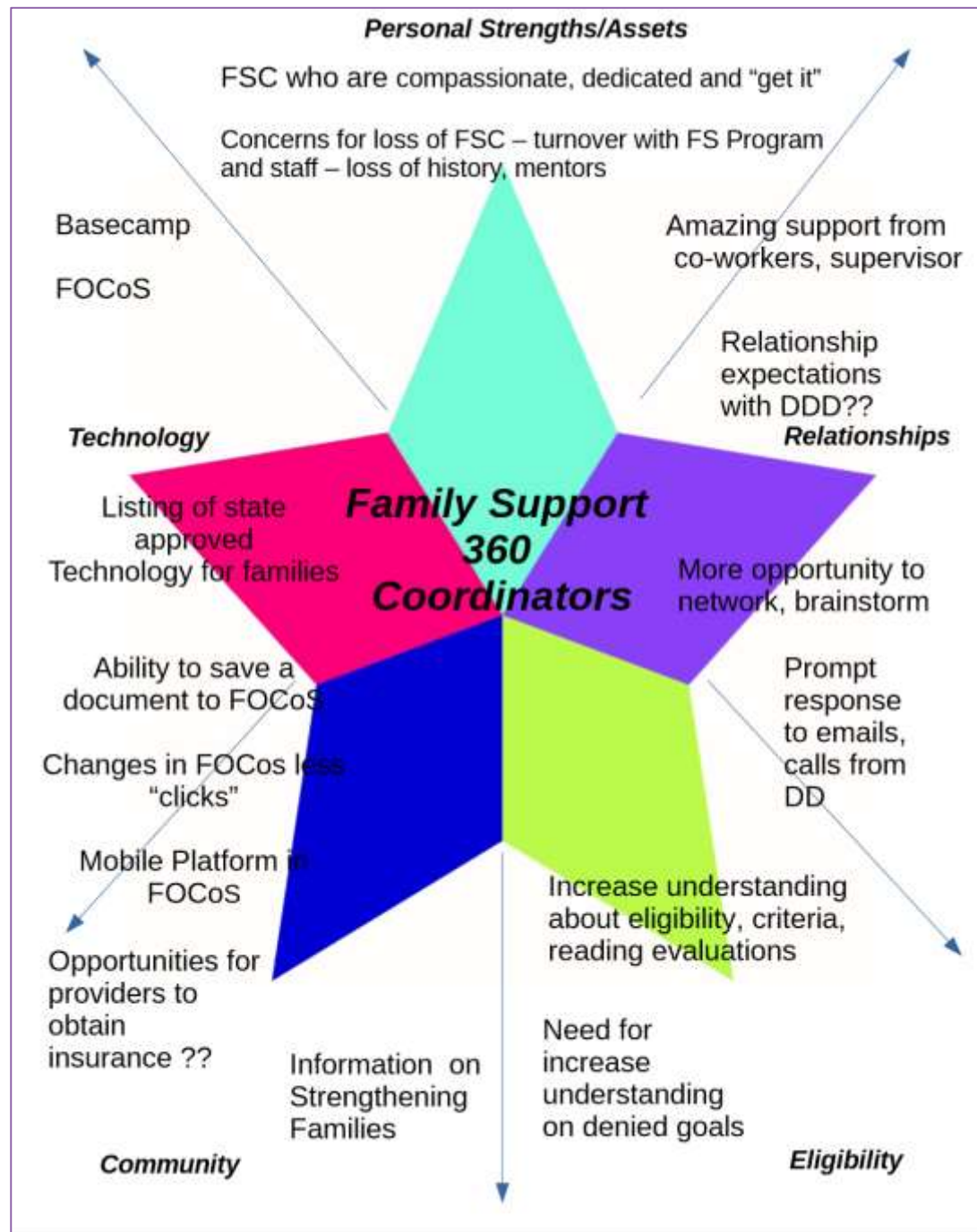
Stakeholder Survey – Your Input Needed!

- ⦿ Which DDD programs are you aware of? (Check all that apply)
- ⦿ How did you learn about those programs?
- ⦿ Are you/your family member currently receiving DD Services? Yes or no If yes, which programs are you currently using?
- ⦿ Were you given options for the supports/programs available?
- ⦿ What were your main considerations when choosing a program?
- ⦿ What information would have been helpful to make a decision about programs?
- ⦿ What challenges/barriers have you encountered when seeking or getting supports you want/need?
- ⦿ If you were seeking supports for yourself/your family now, what would be most helpful to you in that search?



Family Support Coordinators – Problem Solving

Family Support 360 Coordinators met on Sept. 9th in Oacoma, SD.





How might you apply it in your life?



Upcoming Activities for Charting the LifeCourse

Semi-monthly State CoP Meetings

- © *All meetings held from 12 pm – 1pm CT*
- ★ December 4th, 2019
- ★ February 5th, 2020
- ★ April 1st, 2020
- ★ June 3rd, 2020

Stay tuned for:

- ★ Community of Practice Overview – for new and existing SD CoP members
- ★ Charting the LifeCourse overview
- ★ Charting the LifeCourse in Action
- ★ SD CtLC webinars – semi-monthly
 - Community Living
 - Daily Life & Employment
 - Safety & Security
 - Healthy Living
 - Social & Spirituality
 - Citizenship & Advocacy



Innovation Workgroups

- ◎ Implementation & Practice
 - ★ October 3, 2019
- ◎ Family & Self-Advocate Engagement
 - ★ December 5, 2019
- ◎ System Design & Quality
 - ★ February 3, 2019



2019-2020 LifeCourse Ambassador Candidates – Welcome!

- ⦿ Dixie Jungwirth, Redfield
 - ⦿ Tim Reinbold, Redfield
 - ⦿ Melissa Flor, Pierre
 - ⦿ Barb Wetrosky, Sioux Falls
 - ⦿ Kimberly Percival, Pierre
- PCT Trainer Ambassador Series:**
- ⦿ Carie Diro, Rapid City
 - ⦿ Julie Hand, Pierre
- ⦿ If you are interested in what the Ambassador Series is and/or would like to apply for the next series, please contact Julie.Hand@state.sd.us
 - ★ We are hoping to increase the number of Ambassadors in western SD!



SD LifeCourse Ambassadors

- ◎ Teri Bukowski: tbukowski@benchmarkhs.com
 - ★ Elkton
- ◎ Carrie Geppert: Carrie.Geppert@state.sd.us
 - ★ Sioux Falls
- ◎ Amy Hannah: Hannah@nhtc.org
 - ★ Spearfish
- ◎ Becky Israelson: risraelson@tie.net
 - ★ Sturgis
- ◎ Nikie LaFortune:
 - ★ Dell Rapids
- ◎ Bobbie Jo Leggett: bobbiejoleggett
 - ★ Sioux Falls
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 - ★ Sioux Falls
- ◎ Kristi Patton: kpatton@abilitybuildingservices.org
 - ★ Yankton
- ◎ Deanna Wollman: Deanna.Wollman@state.sd.us
 - ★ Aberdeen



Stay Connected

◎ **National CoP website**
www.supportstofamilies.org

◎ **Examples, Videos, and Downloadable materials** www.lifecoursetools.com



◎ Follow us on Facebook!
★ SD Charting the LifeCourse



Next Meeting

- ⦿ December 4th, 12 pm – 1pm CT
- ⦿ Suggestions for agenda topics?



Thank you!

