



SD Supporting Families CoP State Team

10.7.20



Welcome & Introductions

Opening Round

- Name
- Role
- Where you're from





Core Belief:
All people and their families have the right to live, love, work, play and pursue their life aspirations in their community.



What is a Community of Practice?

- ⦿ A community of practice brings together "people who share a concern or passion for something they do and learn how to do it better as they interact This model was chosen for this effort to provide means for:
- ⦿ Connecting people who may have never had contact;
- ⦿ **Providing a shared context for people to communicate, collaborate, generate knowledge, share information; and solve commonly identified problems;**
- ⦿ Stimulating learning by serving as a vehicle for communication, mentoring, coaching, or self-reflection; and
- ⦿ Helping people organize around **purposeful actions.**



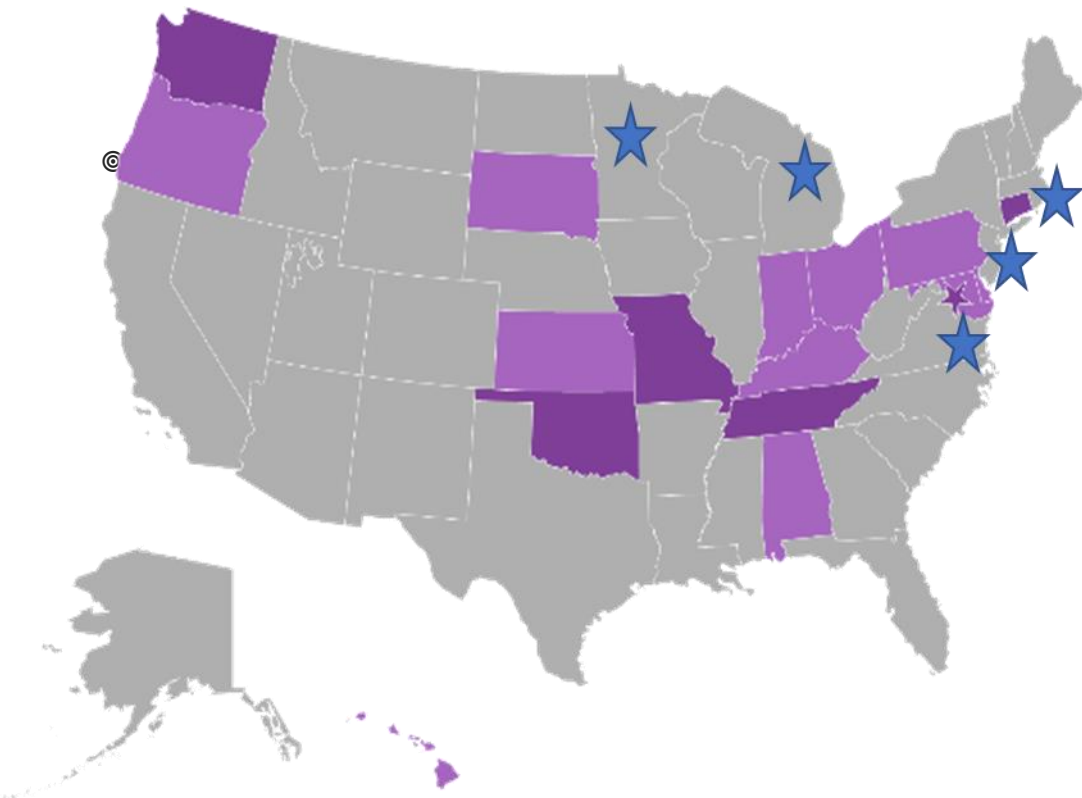
National Community of Practice for Supporting Families

Project Goal

To build capacity through a community of practice across and within States to create policies, practices and systems to better assist and support families that include a member with I/DD across the lifespan.

Project Outcome

- State and national consensus on a national framework and agenda for improving support for families with members with I/DD.
- Enhanced national and state policies, practices, and sustainable systems that result in improved supports to families.
- Enhanced capacity of states to replicate and sustain exemplary practices to support families and systems.



What is the role of the SD CoP State Team?



- ⦿ Organize a structure of leaders to **drive the change** in your state
- ⦿ Understand and use the Charting the LifeCourse "thinking"
- ⦿ Identify and develop an infrastructure in the state for other stakeholders to also learn about the framework
- ⦿ Identify statewide specific Innovation Areas for integrating and implementing the Charting the LifeCourse-thinking, tools and practices.
- ⦿ Leverage and bridge National CoP opportunities with statewide stakeholders to learn from other states and to national technical assistance.



Meeting Agreements

- ⦿ Respect for all members & perspectives
- ⦿ Keep speakers muted when not speaking
 - ★ Use chat box if you have a question or comment you don't want to forget
- ⦿ Active participation
- ⦿ Remember we can use the “parking lot”
 - ★ When an important topic comes up, but it's not on today's agenda, we can “park” it until the next meeting



Asset Map

Groups:

27 different groups

6 family focused groups

3 PCT/CoP focused

3 Aging population focused

3 mental health focused groups

6 related to DDD specific

3 Education related groups

1 community housing group

1 group (sexual abuse + disability – bridging the gap)

Total # of responses	15
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Gifts of the head:

CtLC	Person Centered Thinking	Healthcare: Medical + Mental Health	Waiver Programs & state policies	Education
11	4	6	5	2

Gifts of the heart:

Planning/facilitation	Aging Population	Transition Planning across the lifespan	Inclusion & opportunities for the ALL	Creativity in planning events & organizing
5	1	2	10	4

Gifts of the hands:

Monitoring & assessing outcomes	Excel, Microsoft Word, Zoom, Data Collection	Facilitating trainings	Social Media Marketing
1	4	2	2

If you have not completed your asset map, please send it to Brooke.Nelson@state.sd.us by **November 13th**. The gifts you bring to the table matter!

13th. The gifts you bring to the table matter!

*A fillable asset map will be sent out with today's meeting notes.



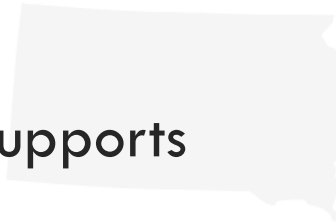
Continuum of Care Study

- ◎ DHS contracted with Align by Benchmark
 - ★ Gap analysis of current developmental disabilities system
 - ★ Recommend avenues to improve the existing services and supports available to South Dakotans with intellectual and developmental disabilities (ID/DD)
 - Included services and structure at the SD Developmental Center in Redfield
 - Community-based services funded by the Division of Developmental Disabilities (DDD)
 - ★ Report is located at: <https://dhs.sd.gov/continuum.aspx>



Recommendations

- ◎ State Capacity
 - ★ Advocacy
 - ★ Behavior supports
 - ★ Day & Employment Supports
- ◎ Communication
 - ★ Individuals
 - ★ Families & Guardians
 - ★ Providers



Recommendations, continued

⊙ Provider Capacity

- ★ Crisis Diversion Services
- ★ Person Centered model
- ★ Technology services
- ★ Resources – Manuals, guides, etc.

⊙ Transportation

- ★ Funding
- ★ Public/Private Partnerships
- ★ Education regarding transportation covered by Medicaid



Your Thoughts...

- ⦿ Do you have any questions regarding the Continuum of Care Report?
- ⦿ Were there themes you heard during the sessions that aren't represented in the report?
- ⦿ What's missing from the recommendations?
 - ★ Comments in Chat Box OR email Julie.Hand@state.sd.us



Next Steps - DHS

- ⦿ Request for Information regarding regionalized crisis services
- ⦿ Continue work which aligns with recommendations that had begun before the study and report were complete
 - ★ Rate Methodology Review
 - ★ Person Centered Practices and Charting the LifeCourse
 - ★ Day & Employment Services
- ⦿ Determine viability of other recommendations
 - ★ Benefits and drawbacks
 - ★ Impact on system
 - ★ Immediacy of need



How does this connect to the SD CoP State Team?

Poll Questions

1. In your opinion, which of the recommendation(s) should be DHS's and DDD's top priorities?
2. Which recommendation(s) have the greatest impact on the ALL and would benefit most from SD Supporting Families CoP involvement?



Guardianship Workgroup Updates

First meeting occurred on September 24th

We discussed the gaps that were identified at the last CoP State Team meeting surrounding guardianship.

Next Steps:

- Gathering current information regarding guardianship – Identity what we have VS what we need
- Action plan the projects that the group will be completing in response to the need

Next Meeting: October 22nd

Members:

Brenda Smith – Family Member
Teri Bukowski – Family Member / Benchmark
Brian Poelstra – Family Member/ Disability Rights
Elaine Roberts – Advocate
KD Munson – RHD
Cindy Kirschman – TSLP (Transition Service Liaison Project)
Melissa Flor – DOE
Chelsea Lolley – DHS Guardian Rep
Barb Wetrosky - LTSS
Brooke Nelson -DDD
Kimberly Percival – DDD
Julie Johnson Dresbach – DDD
Carrie Geppert – DDD




Upcoming Activities for SD Charting the LifeCourse

- ◉ November 18th - Social & Spirituality
- ◉ January 13th, 2021 - Healthy Living

* All previous recorded webinars can be found on the DHS website under Supporting Families Community of Practice

SOUTH DAKOTA
COMMUNITY OF PRACTICE
FOR SUPPORTING FAMILIES

Presents
**Planning a Good Life using the
Charting the LifeCourse Framework**










Are you a family member or professional who wants to ensure that all people have a good life including those with disabilities, special health care needs and/or those who are aging?

Join us for this series of Free Webinars!

The six Life Domains are the building blocks of the LifeCourse Framework and we must consider each one as we strive for our Good Life. During these webinars you will see examples, resources, hear practical ideas and learn tools in the context of each life domain to help you plan, problem-solve, and support people at any age and stage of life.

Registration is required for each session.

Session #1 Wednesday, January 22, 2020 12 PM-1 PM CT / 11 AM-12 PM MT		The All and Universal Strategies - How we can think differently and develop strategies which benefit and include ALL people?
Session #2 Wednesday, March 18, 2020 12 PM-1 PM CT / 11 AM-12 PM MT		Safety & Security - Staying safe and secure - emergencies, well-being, guardianship options, legal rights and issues.
Session #3 Wednesday, May 27, 2020 12 PM-1 PM CT / 11 AM-12 PM MT		Daily Life & Employment - What a person does as part of everyday life- including school, work, routines, communication, and life skills.
Session #4 Wednesday, July 22, 2020 12 PM-1 PM CT / 11 AM-12 PM MT		Citizenship & Advocacy - Building valued roles, making choices, setting goals, assuming responsibility and driving how one's own life is lived.
Session #5 Wednesday, Sept. 23, 2020 12 PM-1 PM CT / 11 AM-12 PM MT		Community Living - Where and how someone lives - including living options, community access, transportation, home adaptations & modifications.
Session #6 Wednesday, Nov. 18, 2020 12 PM-1 PM CT / 11 AM-12 PM MT		Social & Spirituality - Building friendships and relationships, leisure activities, personal networks, and faith community.
Session #7 Wednesday, January 13, 2021 12 PM-1 PM CT / 11 AM-12 PM MT		Healthy Living - Managing & accessing health care and staying well - including medical, mental health, behavior, developmental, wellness and nutrition.


Register at: https://zoom.us/join/joinMeeting?zcpf-mqiluKQnZxv10zGkKLIDVM_CMfzv

Once registered, you will be sent an invitation to a Zoom Meeting with details for the webinar. Registration for subsequent webinars will be open when each previous webinar is completed.

Presenters: South Dakota LifeCourse Ambassadors and Community of Practice members. Each presenter has practical knowledge of the Charting the LifeCourse Framework & Tools.

This webinar series is provided through the SD Community of Practice members. Each partnership with the SD Division of Developmental Disabilities with funding from the SD Department of Developmental Disabilities.

For Information: kimberly.percival@state.sd.us or 605-773-3438




Upcoming SD CoP Activities

◎ Next Meeting

- ★ December 2, 2020
 - Topics: Mental Health

◎ Bi-monthly State CoP Meetings

- ★ *All meetings held from 12 pm – 1:30 pm CT*
 - February 3, 2021
 - April 7, 2021
 - June 2, 2021

Stay tuned for:

- ★ Online Good Life Groups
- ★ Community of Practice Overview available for new and existing SD CoP members
- ★ Updates to Supporting Families page on DDD website



National CoP Innovation Round Table Discussion

Connect with people from other Community of Practice member states who share similar interests!

November 5, 2020 – 1-2:30pm CST

December 3, 2020 – 1-2:30pm CST

January 7, 2021 – 1-2:30pm CST

February 4, 2021 – 1-2:30pm CST

March 4, 2021 – 1-2:30pm CST

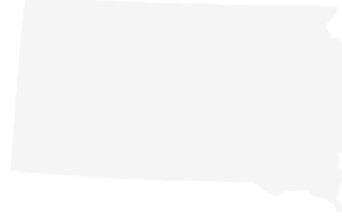
June 3, 2021 – 1-2:30pm CST

**See handout titled “2020-2021 Innovations Roundtable Schedule” for registration information.*



SD's LifeCourse Ambassador candidates:

- © Julie Mendelson
- © Shannon Torres Negrón
- © Patty Smith
- © Tanna Buresch



SD LifeCourse Ambassadors

Southeast Region:

- ◎ Carrie Geppert: Sioux Falls
★ Carrie.Geppert@state.sd.us
- ◎ Bobbie Jo Leggett: Sioux Falls
★ Leggett76@gmail.com
- ◎ Elaine Roberts: Sioux Falls
★ ejroberts@sio.midco.net
- ◎ Brenda Smith: Sioux Falls
★ mbsmit@msn.com
- ◎ Jessica Lamb: Sioux Falls
★ Jessica.Lamb@augie.edu
- ◎ Barb Wetrosky: Sioux Falls
★ Barbara.Wetrosky@state.sd.us
- ◎ Kristi Patton: Yankton
★ kpatton@abilitybuildingservices.org

Northeast Region:

- ◎ Teri Bukowski: Elkton
★ tbukowski@benchmarkhs.com
- ◎ Brooke Nelson: Brookings
★ Brooke.Nelson@state.sd.us
- ◎ Deanna Wollman: Aberdeen
★ Deanna.Wollman@state.sd.us
- ◎ Dixie Jungwirth: Redfield
★ Dixie.Jungwirth@state.sd.us
- ◎ Nikie LaFortune: Dell Rapids
★ n.lafortune@voa-Dakotas.org



SD LifeCourse Ambassadors

Central Region:

- ⊙ KD Munson: KD.Munson@rhd.org
 - ★ Pierre
- ⊙ Kimberly Percival: Pierre
 - ★ Kimberly.Percival@state.sd.us
- ⊙ Melissa Flor: Pierre
 - ★ Melissa.Flor@state.sd.us
- ⊙ Julie Hand: Pierre
 - ★ Julie.Hand@state.sd.us

West Region:

- ⊙ Amy Hannah: Spearfish
 - ★ Hannah@nhtc.org
- ⊙ Becky Israelson: Sturgis
 - ★ risraelson@tie.net
- ⊙ Carie Diro: Rapid City
 - ★ cdiro@bhws.com

★ *We want to support family members to become Ambassadors and expand our reach in western SD!*



What is the Ambassador Series?

- © If you are interested in learning more about the Ambassador Series and/or would like to apply to participate in the next series, please contact: Kimberly.Percival@state.sd.us or Brooke.Nelson@state.sd.us

- © Learning sessions that occur over a 4-5 month timeframe
- © Coaching calls held at approximately 3-week intervals over the course of about three months.
- © Homework assignments are to be completed between sessions. All assignments must be completed and submitted prior to receiving a certificate.
- © As an Ambassador, you may also have the opportunity to attend the National CoP Annual Meeting and Charting the LifeCourse Showcase (details TBA)



Closing Round

What is one thing that you appreciate about our time together today?



Stay
Connected!

- ⊙ **National CoP website**
www.supportstofamilies.org
- ⊙ **Examples, Videos, and Downloadable materials** www.lifecoursetools.com
- ⊙ **Information about SD Supporting Families CoP:**
<https://dhs.sd.gov/developmentaldisabilities/lifespan.aspx>



- ⊙ Follow us on Facebook at *SD Charting the LifeCourse*

