



SD Supporting Families CoP State Team

6.24.19





Core Belief:
All people and their families have the right to live, love, work, play and pursue their life aspirations in their community.



What is a Community of Practice?

- ⦿ A community of practice brings together "people who share a concern or passion for something they do and learn how to do it better as they interact This model was chosen for this effort to provide means for:
- ⦿ Connecting people who may have never had contact;
- ⦿ Providing a shared context for people to communicate, collaborate, generate knowledge, share information; and solve commonly identified problems;
- ⦿ Stimulating learning by serving as a vehicle for communication, mentoring, coaching, or self-reflection; and
- ⦿ Helping people organize around purposeful actions.



What are the goals of the National CoP for Supporting Families?

- ⦿ The overarching goal of this project is to build capacity across and within states to create policies, practices, and systems to better assist and support families that include a member with IDD across the lifespan. More specifically, the two project outcomes are:
- ⦿ Enhanced state policies, practices, and systems that result in improved supports for families with a member with IDD through the development of a multi-level community of practice.
- ⦿ Consensus on a national framework for supporting families that addresses the needs of families with a member with IDD across the lifespan, and supports states to develop and sustain exemplary family support practices.



What is the role of the CoP State Team?

- ⦿ Organize a structure of leaders to drive the change in your state
- ⦿ Understand and use the Charting the LifeCourse "thinking"
- ⦿ Identify and develop an infrastructure in the state for other stakeholders to also learn about the framework
- ⦿ Identify statewide specific Innovation Areas for integrating and implementing the Charting the LifeCourse-thinking, tools and practices.
- ⦿ Leverage and bridge National COP opportunities with statewide stakeholders to learn from other states and to national technical assistance.



Congratulations!

- ◎ Person Centered Thinking trainers who completed the PCT Ambassador series!
 - ★ KD Munson
 - ★ Amy Hannah
 - ★ Brenda Smith



SD CoP Priorities – March 2019

SD Supporting Families CoP March 2019



Life Trajectory Worksheet: Family

Everyone wants a good life. The bubbles on the right will help you think about what a good life means for you or your family member, and identifying what you know you don't want. You can use the space around the arrows to think about current or needed life experiences that help point you in the direction of your good life.

- Reframed conversations
- Alternatives to residential supports
- Shared Living up and running
- LifeCourse info curriculum – regional trainings
- CtLC in Therap
- Community Collaboration pilots
- LifeSpan folders
- Plan to sustain within PCT training series
- FS 360 Quality Initiative – eliminated wait list
- Respite Coalition
- Getting others to the table
- PC Employment
- Ambassadors - 9

- Over-reliance on institutional settings
- Lack of mental health supports in the community
- Labeled by behavior
- Guardians making decisions outside their legal scope
- Reliance on DD system vs. integrated supports
- Focus only on good paper



VISION for a GOOD LIFE

- Healthy Living (mental & physical health)
 - Qualified mental health providers
 - Mental health/crisis supports
- Collaboration with other networks – DRSD, community organizations, etc.
- Technology – Assistive Tech/Telehealth
- Charting the LifeCourse used in FS 360
- Success stories
- Transition – alternatives to guardianship
 - Changing conversations
- Shift in power over to power with – a voice for families

What I DON'T Want

- CtLC as a formality – focus only on paper
- CoP as a DD only effort & not applicable to other fields
- All/only eligibility specific stakeholders involved

Top Priorities Identified

- ⦿ Transition
- ⦿ Collaboration – Public/Private Partnerships
- ⦿ Community Inclusion
- ⦿ Informed Decisions & Integrated Supports
- ⦿ Family & Self-Advocate Engagement
- ⦿ Mental Health & Crisis Supports



Priorities for 2019:

- ◎ Collaboration – Public/Private Partnerships
 - ★ Working with private/public partners on common goals, projects, data, and consideration of how to better support families
- ◎ Family & Self-Advocate Engagement
 - ★ Creating a statewide family & self-advocate network by to develop and offer peer support within the network, listen to and learn from the network in order to offer an array goods and services in response to the identified needs.
- ◎ As a CoP State Team member, how can you contribute your skills, knowledge, and/or time to either of these priorities?



National CoP Annual Meeting & Showcase

© Who attended?

- ★ Julie Hand, CoP State Facilitator – DHS, DDD
- ★ Carrie Geppert, SD Ambassador & family member – DHS, DDD
- ★ Brooke Nelson, SD Ambassador – DHS, DDD
- ★ Brenda Smith, SD Ambassador – Family member
- ★ Deanna Wollman, SD Ambassador – SD Developmental Center
- ★ Nikie LaFortune, SD Ambassador - RHD Case Management
- ★ KD Munson, SD Ambassador – RHD Case Management
- ★ Barb Wetroskly, DHS – Long Term Services & Supports
- ★ Melissa Flor, Dept. of Education, Office of Special Education
- ★ Bianca Villapudua, DHS – Div. of Developmental Disabilities
- ★ Kacee Regan, LifeQuest
- ★ Darla McGuire, LifeQuest
- ★ Laura Wendland, Benchmark Case Management
- ★ Kelli Leitner, Benchmark Case Management





Lewin Group – Evaluation of CoP



Continued CoP Membership

- ⦿ 3 year DD Council grant ends June 30, 2019
- ⦿ Current grant includes:
 - ★ CoP membership fees
 - ★ Funds for travel to CoP meetings, CoP Annual Meeting & Showcase in Kansas City
- ⦿ Opportunity to continue membership in National CoP
 - ★ Partnership with the DD Council for an additional 3 years of membership in the National CoP
 - ★ Request is due to Arlene Poncelet on July 12th



Upcoming Activities for Charting the LifeCourse

◎ Semi-monthly State CoP Meetings

- ★ August 7th, 2019
- ★ October 2nd, 2019
- ★ December 4th, 2019
- ★ February 5th, 2020
- ★ April 1st, 2020
- ★ June 3rd, 2020

◎ *All meetings held from 12 pm – 1:30 pm CT*

◎ Stay tuned for:

- ★ Community of Practice Overview – for new and existing SD CoP members
- ★ Charting the LifeCourse overview
- ★ Charting the LifeCourse in Action
- ★ SD CtLC webinars – semi-monthly
 - Community Living
 - Daily Life & Employment
 - Safety & Security
 - Healthy Living
 - Social & Spirituality
 - Citizenship & Advocacy



Staying Connected

National CoP website

www.supportstofamilies.org

Examples, Videos, and Downloadable materials

www.lifecoursetools.com



<https://www.facebook.com/SDCharteringtheLifeCourse/?ref=bookmarks>



SD LifeCourse Ambassadors:

- ◎ Carrie Geppert: Carrie.Geppert@state.sd.us
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★ Spearfish
- ◎ Becky Israelson: risraelson@tie.net
★ Sturgis

Next Meeting

- ⦿ August 7th, 12 pm – 1:30 pm CT
- ⦿ Suggestions for agenda topics?

Thank you!

