



SD Supporting Families CoP State Team

8.7.19





Welcome & Introductions





Core Belief:
All people and their families have the right to live, love, work, play and pursue their life aspirations in their community.



What is a Community of Practice?

- ⦿ A community of practice brings together "people who share a concern or passion for something they do and learn how to do it better as they interact This model was chosen for this effort to provide means for:
- ⦿ Connecting people who may have never had contact;
- ⦿ Providing a shared context for people to communicate, collaborate, generate knowledge, share information; and solve commonly identified problems;
- ⦿ Stimulating learning by serving as a vehicle for communication, mentoring, coaching, or self-reflection; and
- ⦿ Helping people organize around purposeful actions.



What are the goals of the National CoP for Supporting Families?

- ⦿ The overarching goal of this project is to build capacity across and within states to create policies, practices, and systems to better assist and support families that include a member with IDD across the lifespan. More specifically, the two project outcomes are:
- ⦿ Enhanced state policies, practices, and systems that result in improved supports for families with a member with IDD through the development of a multi-level community of practice.
- ⦿ Consensus on a national framework for supporting families that addresses the needs of families with a member with IDD across the lifespan, and supports states to develop and sustain exemplary family support practices.



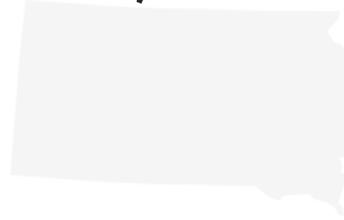
What is the role of the CoP State Team?

- ⦿ Organize a structure of leaders to drive the change in your state
- ⦿ Understand and use the Charting the LifeCourse "thinking"
- ⦿ Identify and develop an infrastructure in the state for other stakeholders to also learn about the framework
- ⦿ Identify statewide specific Innovation Areas for integrating and implementing the Charting the LifeCourse-thinking, tools and practices.
- ⦿ Leverage and bridge National COP opportunities with statewide stakeholders to learn from other states and to national technical assistance.



Welcome new members!

- ◎ DDD Program Specialists - partnering with Julie Hand as co-facilitators of SD CoP activities, State Team
 - ★ Bianca Villapudua
 - ★ Kimberly Tarbox
- ◎ New PCT Ambassadors
 - ★ Kristi Patton
 - ★ Jessica Lamb



6.24.19 Meeting Recap

- ⦿ Reviewed by DD Council on July 22nd – approved one year of funding
- ⦿ Goals align with priorities established by SD CoP State Team and purpose of SD’s membership in the National CoP:
 - ★ Establish a self-advocate & family collaborative to create a “hub” of self-advocate & family leadership in South Dakota
 - ★ Initiate and/or further develop relationships with key state and local partners
 - ★ Identify opportunities within DDD to use Charting the LifeCourse as a method to achieve strategic goals



6.24.19 Meeting Recap

- ◎ Recommendations from SD CoP State Team members:
 - ★ Consider the many different voices among and within disability/family advocacy groups
 - ★ Beneficial to bring groups together to present their perspectives – in person – to find common ground
 - ★ The State Team is made up of a lot of people – we know your name but not WHO you are, what your life experiences have been – both past and present. Putting faces to names would be helpful
 - ★ Gathering perspectives from every group statewide could be overwhelming – possibly start by helping each group put together a trajectory?
 - ★ Understanding the goals of the group is important – having them listed on the website would be helpful
 - ★ Want to be surer of the scope of communication with family members. How many people who you have connected with, is there a database of families learning about CoP?
 - Need better contacts & data to reach more people.



Goals through June 30, 2020

- ◎ Active participation in Collaborative from:
 - ★ 10 family and/or self-advocate groups
 - ★ 15 self-advocates
 - ★ 15 family members
- ◎ Host 16 “Good Life Group” events statewide to provide:
 - ★ Information & Skill Building
 - ★ Connection & Networking
- ◎ Establish direct communication from DDD to families & self-advocates to obtain feedback and share updates



Setting the Stage

- ⦿ Review of family group list used to plan 2017 Listening Sessions
 - ★ Added self-advocate groups
 - ★ 29 listed
- ⦿ Compiled names of all family members & self-advocates who've attended listening sessions, SD Gathering, and other events related to Person Centered Thinking, Charting the LifeCourse, or Supporting Families CoP
 - ★ 137 contacts
 - 28 Self-Advocates
 - 109 Family Members
- ⦿ Compiled list of non-disability related professionals as potential partners – those who've attended same events listed above
- ⦿ How can we get started?



Preparing for Kindergarten

Sebastian is starting Kindergarten!

What needs to happen?

- More regular sleep schedule – earlier bedtime
- Routine – knowing what's next, setting expectations early vs. telling him rules after he's already broken one
- Holding him accountable for his actions & following through with consequences
- Staying positive when redirecting him – asking him to be a helper or leader

- Trying to keep up with his big brother – expecting the same bedtime, same privileges, etc.
- Sitting next to "B" or "I" in class
- Teachers using harsh tone of voice or demands when he's in trouble – he doesn't respond well!

Vision for a Good School Year

- Has fun and gains a love of learning
- Gets along well with other kids in his class & makes friends
- Tries hard, learns lots and listens to his teachers
- Learns skills to help him deal with conflict with other kids and "owning up" when he's broken a rule

What we don't want for the school year

- To be a "follower" and get into trouble for things he knows aren't allowed or okay to do [i.e. swear words!]
- To get a reputation as a "naughty kid" due to the above

MAY 2014

 COMMUNITY OF PRACTICE FOR SUPPORTING FAMILIES OF INDIVIDUALS WITH I/DD | SUPPORTSTOFAMILIES.ORG

Gabe – Life After Graduation

Gabe's Life Plan Trajectory Worksheet

**SOUTHEAST
TECH**



17



What steps do I need to take to get where I want to go?

- Take the Accuplacer test at Southeast Tech.
- Sign up for the Electrical Program at Southeast Tech.
- Take ASVAB test.
- Fill out the application for the Guards.
- Get Medical documents for arm.
- Go to MEPS and enlist.
- Graduate High School
- Get a Summer Job
- Go to Basic Training and AIT
- Find affordable housing for school

Things that may cause the path to go towards what I do not want.

- Not getting all the needed medical documents.
- The doctor at MEPS disqualifying me.
- Not signing up in time for school and the program be full.
- Procrastinating
- Not having a vision for myself

HOW TO...



VISION for a GOOD LIFE

LIST what you want your "good life" to look like ...

- Join the Army National Guard
- Become an electrician
- Play baseball in the spring
- Enjoy my last summer



What I DON'T Want

LIST the things you don't want in your life...

- Not to be eligible for the Guards
- Not be accepted in the Electrical Program



Inclusive Ministry

CHARTING the LifeCourse

Inclusive Ministry

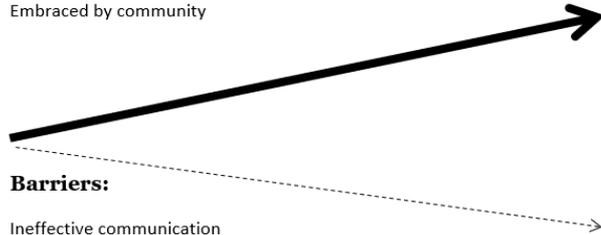


Supports Needed:

Fidget bags with sensory gadgets
Noise canceling headphones
Pictures online so people know what to expect
Timer to countdown sermon
Lessons at all different levels of understanding
Respite Care- family approach
Embraced by community

Barriers:

Ineffective communication
Creating "programs"
Making it a "me" ministry/not the "all"
Stereotypes



What I Want

Faith Based vs Christian Based
All welcoming-Inclusive- Cultural, LGBT, Disability (all loving-welcome statement-all serving)
All-inclusive curriculum
Sensory room/safe space
Buddy Program during Sunday School
Respite Care provided for families

What I Don't Want

Seclusion
Isolated events/separate service
Negativity from the community
Stupid sayings like "God only gives special parents these types of kids"





How might you apply it in your life?



Upcoming Activities for Charting the LifeCourse

Semi-monthly State CoP Meetings

- © *All meetings held from 12 pm – 1 pm CT*
- ★ August 7th, 2019
- ★ October 2nd, 2019
- ★ December 4th, 2019
- ★ February 5th, 2020
- ★ April 1st, 2020
- ★ June 3rd, 2020

Stay tuned for:

- ★ Community of Practice Overview – for new and existing SD CoP members
- ★ Charting the LifeCourse overview
- ★ Charting the LifeCourse in Action
- ★ SD CtLC webinars – semi-monthly
 - Community Living
 - Daily Life & Employment
 - Safety & Security
 - Healthy Living
 - Social & Spirituality
 - Citizenship & Advocacy



SD Gathering



We want to create some
"Optimistic Discontent!"

The South Dakota Gathering - September 10 & 11, 2019

Registration is open!

Tuesday

September 10, 2019

9:00 AM - 5:00 PM

Wednesday

September 11, 2019

7:30 AM - 12:00 PM

Arrowwood
Cedar Shore Resort
Oacoma, SD

Be prepared to...

- Be inspired, engaged, energized & excited!
- Feel connected, deepen relationships, & have open dialogue.
- Experience "Aha" moments!
- Leave with a vision, a plan, & action steps.

For more information:

Dixie Jungwirth; (605) 472 - 4222
Dixie.jungwirth@state.sd.us

Tonya Van Wagner; (605) 472 - 4222
Tonya.vanwagner@state.sd.us

Deanna Wollman; (605) 472 - 4219
Deanna.wollman@state.sd.us

What's planned for 2019?



Options for Registration:

- Teams: Collaborate, learn, and plan! Register in teams of 2-4 people. Teams could be comprised of members of an ISP Team, people within or outside your organization. The goal is to work together to apply your learning to what you're already doing in your personal or work life *Get a team together and come with ideas of a goals you'd like to accomplish together!*
- Individual: attend alone but learn with others! Learn how to apply skills to be more person- and family-centered in your day to day work!
- **Learning, Coaching & Sharing** - All attendees develop a vision, goals, and an action plan to keep PCT at the forefront of your life, work, and/or organization.
- **PCT Basics & Beyond & LifeCourse Framework** - Participants will gain a deeper understanding of a person-centered philosophy, person-centered thinking skills and the ways to apply them. Charting the LifeCourse tools will also be used to developing your team plan.
- **Registration will be limited to 125 participants!**



SD Gathering Guest!

Michael Steinbruck,
MA

Michael Steinbruck, MA is the PCAST Project Leader at The Boggs Center on Developmental Disabilities. Michael's programmatic focus is on developing the Person Centered Approaches in Schools and Transition (PCAST) project. He leads the project's training and technical assistance activities related to the development and delivery of person centered thinking and planning, and works with schools on implementation of person centered approaches and related organizational improvement efforts.

Michael is a Mentor Trainer in person centered thinking and planning as certified by The Learning Community for Person Centered Practices, Inc. and has a history of success working in support of the disability community as a whole. He also has extensive experience with non-profit organizations, strategic thinking and planning, program development, volunteer management, public speaking, and facilitation. Michael has served on the Board of Directors of The Learning Community for Person Centered Practices (<http://tlcpcp.com>) since 2006 and has held the office of Executive Director since 2017.

Register
Online!

Learn, Connect, & Share Gathering Agenda

Tuesday, September 10, 2019

9 AM - 10 AM Registration
10:00 AM - 5:30 PM
9:00 Registration
10:00 Welcome & Opening Activities
11:00 Keynote & Interactive Activity
12:15 Lunch & TLC Board Report
1:15 Break
:20 What is Your Vision?
:20 Break
30 Breakout Session
40 Break
5 Breakout Session
5 Break
Wrap-Up

Wednesday, September 11, 2019
8:30 AM - 12:00 PM

7:30 Registration & Refreshments
8:30 Review Like/Learn/Change
8:45 Keynote
9:30 Breakout Session
10:00 Break
10:15 Action Planning
11:20 Final Activity & Wrap-Up
12:00 Gathering Ends

Hotel Information

Arrowwood Resort (50 rooms)
Phone: 605-697-6363
Gathering Rate: \$89.95 + tax/night

Quality Inn (20 rooms)
605-734-5593
Gathering Rate: \$99.20 + tax/night

Americinn (20 rooms)
605-496-9493
Gathering Rate: \$89 + tax/night

SD Gathering/SD Department of Human Services block of rooms by August 10th.

Registration Information

Registration \$70.00 per person
(Includes Thursday Lunch)

Self-Advocates & Families

To request assistance with travel/lodging expenses
SD Council on Developmental Disabilities
Contact: Arlene Poncelet, Executive Director
605-773-6369 or arlene.poncelet@state.sd.us

To request an accommodation or a scholarship
Contact: Carie Diro 605-718-6209 or
cdiro@bhws.com

Registration—Click on link below to complete registration via Eventbrite
BY AUGUST 23, 2019
<https://tinyurl.com/2019-SD-Gathering>

Learning Community
for person-centered practices



SOUTH DAKOTA
PERSON CENTERED PRACTICES
DISCOVERING WHAT'S POSSIBLE



Innovation Workgroups

- ◎ Family & Self-Advocate Engagement
 - ★ December 5, 2019
- ◎ Cultural & Linguistic Competency
 - ★ September 1, 2019
- ◎ Implementation & Practice
 - ★ October 3, 2019
- ◎ System Design & Quality
 - ★ February 3, 2019



SD LifeCourse Ambassadors

- ⊙ Carrie Geppert: Carrie.Geppert@state.sd.us
 - ★ Sioux Falls
- ⊙ Bobbie Jo Leggett: bobbiejoleggett
 - ★ Sioux Falls
- ⊙ Elaine Roberts: ejroberts@sio.midco.net
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 - ★ Spearfish
- ⊙ Becky Israelson: risraelson@tie.net
 - ★ Sturgis



Stay Connected

© **National CoP website**
www.supportstofamilies.org

© **Examples, Videos, and Downloadable materials** www.lifecoursetools.com

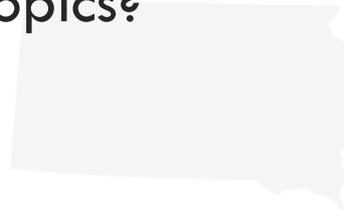


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★ SD Charting the LifeCourse



Next Meeting

- ⦿ October 2nd, 12 pm – 1pm CT
- ⦿ Suggestions for agenda topics?



Thank you!

