



Safety-Care Training for Families



What is Safety -Care for Families?

- ❖ Customized version of the Safety-Care Curriculum that can be taught to family members and others who may provide in-home support.
- ❖ Provides prevention and minimization strategies
- ❖ Includes development of a Family Safety Plan

How to Request a Training:

Contact the Division of Developmental Disabilities - Office of Clinical Administration

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<https://dhs.sd.gov/developmentaldisabilities/default.aspx>

Phone: 605-773-3438



What is Safety Care?

Safety-Care[®] Behavioral Safety Training program provides the skills and competencies necessary to effectively prevent, minimize, and manage behavioral challenges with dignity, safety, and the possibility of change.

Safety- Care training can help you:

- Understand how and why crisis events happen and how we may inadvertently contribute to them
- Prevent crises using a variety of supportive interaction strategies
- Apply simple, evidence-based de-escalation strategies
- Respond appropriately and safely to dangerous behavior
- Prevent the need for restraint
- Intervene after a crisis to reduce the chance for reoccurrence

Safety Care by QBS. <https://qbs.com/about-us/>

Challenging Behaviors:

*Includes, but not limited to:

- Uncooperativeness
- Hyperactivity
- Intimidation
- Tantrums
- Bullying
- Verbal aggression
- Elopement
- Fighting
- Self-injury
- Physical aggression
- Property destruction
- Suicidality
- Sexual aggression
- Use of weapons
- And more

Additional services and supports that may be provided upon request:

- ❖ Data Collection and Analysis
- ❖ Training on Positive Behavior Support Plans
- ❖ Training on Functional Behavior Assessments
- ❖ Information on Mental Illness Diagnoses
- ❖ Consultation with BCBA's & Clinical Mental Health
- ❖ Training on Trust and Rapport
- ❖ Overview of Charting the LifeCourse