

1.7 Goals

Goals are developed whether the participant wants an ILP or waives having a plan as a way to track progress. If an IL client does not want any goals, the case is considered inactive and the CSR needs to be closed or inactivated. Goals need to be developed with the client for all services they are receiving and the goal is written by the IL Specialist working with the IL client. If the IL client decides an ILP is not necessary and signs a waiver, the established goals and objectives must still be recorded.

Goals - From the significant life area definitions below, check the goals established by the IL client. The IL client is the individual who determines whether or not a goal is met. Please classify goals in the following categories:

- Self-Advocacy/Self-Empowerment – Goals involving improvement in an IL client’s ability to represent himself/herself with public and/or private entities, the ability to make key decisions involving himself/herself, or the ability to organize and manage his/her own activities to achieve desired objectives.
- Communication – Goals involving either improvement in an IL client’s ability to understand communication by others (receptive skills), and/or improvement in an IL client’s ability to share communication with others (expressive skills).
- Mobility/Transportation – Goals to improve an IL client’s access to her/his life space, environment, and community. This may occur by improving the IL client’s ability to move, travel, transport himself/herself, or use public transportation.
- Community-Based Living – Goals that provide for a change in living situations with increased autonomy for the IL client. This may involve a consumer’s goals related to obtaining/modifying an apartment or house. Community-based living arrangements may include apartments, privately owned housing, self-directed assisted living, or self-directed living with family/friends.
- Educational – Academic or training goals that are expected to improve the IL client’s knowledge or ability to perform certain skills that would expand his/her independence, productivity or income-generating potential.
- Vocational – Goals related to obtaining, maintaining, or advancing in employment.
- Self-Care – Goals to improve/maintain an IL client’s autonomy with respect to activities of daily living such as personal grooming and hygiene, meal preparation and nutrition, shopping, eating, and other aspects of personal health and safety.
- Information Access/Technology – Goals related to an IL client obtaining and/or using information necessary for the IL client’s independence and community integration. These may include use of a computer or other assistive technology, devices,

or equipment, as well as developing information technology skills, such as using computer screen-reading software.

- Personal Resource Management – Goals related to an IL client learning to establish and maintain a personal/family budget, managing a checkbook, and/or obtaining knowledge of available direct and indirect resources related to income, housing, food, medical, and/or other benefits.
- Relocation from a Nursing Home or Institution– Goals related to relocation from nursing homes or other institutions to community-based living arrangements. This significant life area specifically pertains to IL clients who live in a nursing home or institution, unlike the *Community-Based Living* life area, above, which includes any consumer regardless of his/her living situation prior to receiving IL services.
- Community/Social Participation – Goals related to full participation in the mainstream of American society, including the ability to participate in community events such as community fairs and government functions, attend worship services and access recreational activities and facilities.
- Other – IL goals not included in the above categories.

Examples of goals may include:

- Increase socialization by attending a Peer Support group
- Educate about IL services
- Obtain an adaptive device to increase independence while cooking
- Obtain bathroom modifications to access the bathroom facilities
- Obtain a device through the TAD program
- Obtain housing
- Obtain a ramp to improve mobility in and out of the home
- Obtain a TAD device to aid family in ensuring safety
- Obtain a TAD device to prevent further disabilities
- Provide education/support regarding disability issues
- Obtain IL skills training to learn to cook
- Obtain information about rights, advocacy, ADA and CAP
- Receive monitoring of the TAD equipment to ensure it's working properly
- Receive training on the use and maintenance of TAD
- Receive education/support on disability issues
- Obtain one on one peer support to increase socialization and and get support on disability issues

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