

Independent Skills Training and Life Skill Training Services - Training to assist individuals to make the most of their abilities and to increase self-reliance and self-confidence. This is done by teaching individuals how to take control of their lives. Skills can be taught at the center, in a classroom or workshop setting, or in the community. In some cases, skills training is provided in the individual home to help and individual learn new tasks in a familiar setting. These may include instruction to develop independent living skills in areas such as personal care, coping, financial management, social skills, and household management. This may also include education and training necessary for living in the community and participating in community activities. This section should not include teaching an individual to use an adaptive device such as an emergency dialer, reacher, nail clippers or shower chair as the primary independent living goal. These can be secondary goals. Billings for this service are for active IL clients only. These services are not based upon economic need.

Examples of IL Skills Training can include:

- Completing an IL assessment
- Education on cooking, cleaning or organization
- Personal finance management, such as budgeting and bill paying
- Education on grocery and comparison shopping

Implemented 10/19/2015